

Wednesday 16<sup>th</sup> August, 2023

# Repton Public School

Newsletter – Term 3 Week 5

**Website:** [www.repton-p.schools.nsw.edu.au](http://www.repton-p.schools.nsw.edu.au)  
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## Principal's Message

**Science Week:** National Science Week is Australia's annual celebration of science and technology. The aim of National Science Week is to spark an interest in science in young people, and to encourage them to find fascination in the world that we live in. At Repton Public School we will be holding a Science Day to engage students in a range of activities for discovery. The students will rotate through each learning space with mixed ability groups and complete tasks collaboratively. They will be creative and reflective like true scientists!!

**Book Week:** Next week we celebrate book week with our book fair sale and character parade. We look forward to seeing the creative costumes and sharing of stories. All welcome on Thursday for the parade.

**MNC Athletics:** Congratulations to our athletes who performed beautifully at the carnival on Monday. KaCee, Asha, Kiri, Alira, Evie and Charlotte represented our school fantastically. They had a great day and enjoyed the experience. Well done.

**School Vision:** Repton Public School provides a positive learning environment which fosters students' academic achievement and supports every child to become a resilient, respectful and responsible citizen. Our school is collaborative, creative and innovative, and we nurture the wellbeing and continuous progress of students and staff of all to flourish.

Have a great week,  
Kristy Glyde  
Principal

## REPTON 2023

### AUGUST 2023

21<sup>st</sup> Book Week- Book Sale  
24<sup>th</sup> Book Week Parade/Fair  
31<sup>st</sup> Father's Day Stall

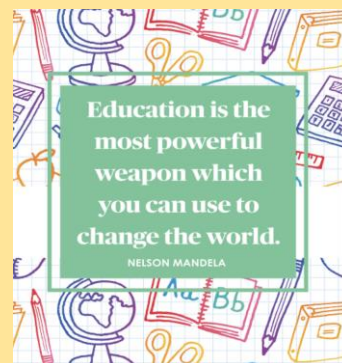
### SEPTEMBER 2023

9<sup>th</sup> P & C Trivia Night  
14<sup>th</sup> R U Okay Day  
22<sup>nd</sup> Last Day Term 3  
26<sup>th</sup> P & C Kids Bingo

### OCTOBER 2023

9<sup>th</sup> First Day Term 4

## Thought of the Week



**K/1 GAAGAL**

Infants students learn well with hands on experiences. In maths we often use counters to help us visualise concepts and to work out solutions. We have been making equal groups and arrays to build up towards multiplication understanding. We also had fun building marble runs on Monday afternoon. Great work Gaagal!

**2/3 JULUUM**

In science, Juluum have been learning about energy and how it comes in many forms. This week they had a fun, musical lesson, experiencing the vibrations we hear and how it is manipulated by what we do to different shaped devices. They also explored sounds around the school and shared how they may be created, Great listening, Juluum!

**4/5/6 BINDARRAY WINDALA**

During reading sessions our students complete a variety of tasks together and independently. They read with the teachers and then complete levelled activities to show comprehension skills. Writing tasks then support skill integration and strengthen connections in learning. Well done 4/5/6!

**WRITER OF THE WEEK****Gaagal****Axel****Juluum****Indi****Bindarray Windala****Oro**

## CAPA



### Garden

The Platypus group enjoyed a lovely morning, initially setting up their own mushroom box before moving outside for some mulching in the garden. Students are responsible for watering the mushrooms every couple of days. When they are harvested in around 5 weeks' time, they will make a wonderful addition to our cooking recipes. Great work, Platypus

### Music

This week the Emu students created riffs and percussion sequences adding to the foundation layers of 'Musical Crystals' - a piece entirely made up by the students. This group contributed to the piece from last week and everyone was able to join together in their learning! Our appreciation for music is growing as we can name melodies and follow musical notes to make music. Well done Emus!

### Kitchen

The Kookaburra group enjoyed a wonderful learning experience in the kitchen this week. They cooked sweet potato and chickpea curry, coconut rice and rosemary lavosh. The recipe is available in the newsletter (for the last time) and I recommend enjoying some fun in your family kitchen cooking this wholesome meal. Well done Kookaburras on your cooperation and clear communication throughout the lesson!

## MNC Athletics



**Due to the office being very busy at the end of the day, we are asking parents to advise of changes to going home arrangements by 2:00 pm via email / phone or message. Thank you.**

## Students of the Week



**GAAGAL: Shana, Julian**



**JULUUM: Tao, Chloe**



**BINDARRAY WINDALA: Costa, Azalia**



**CLASSIEST CLASS AWARD: Juluum**



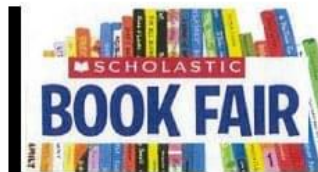
**LEADER AWARDS:  
Florence, Julian, Lilly, Misty, Benji**



**WIN BIN WEDNESDAY:  
Shana, Indi, Brax**

Looks what's here! Our new winter/rain Jackets are in, \$40. If you would like to purchase one, please contact Vanessa in the Office anytime. Nice snuggly and waterproof.





## Repton Public School Book Character Parade

Come dressed as a book character and buy a book from the Scholastic Book Fair!

**When: Thursday 24<sup>th</sup> August**

**Time: 9.15 am**

**Parents/families are welcome to attend**



## STAR Program

Student Transitions At Repton



**Taking enrolments for Kindergarten 2024 now**



### Our School

Repton Public School provides a positive learning environment which fosters students' academic achievement and supports every child to become a resilient, respectful and responsible citizen. Our school is collaborative, creative and innovative, and we nurture the wellbeing and continuous progress of students and staff to flourish. Mrs Lemmes is the Kindergarten teacher, Ms Vanessa the school admin manager and Mrs Glyde the school principal, whom will all help answer any questions you may have along the way.



### STAR Transition

New students for 2024 are invited to join our school for our Kindergarten readiness program. Please drop your child off and collect them as quickly as possible. Your child will be introduced to a buddy during their visit to help them start school. Please pack your child fruit and water bottle for "crunch and sip". Bring a packed healthy lunch and a hat to play outside for each visit. If you have any questions please call Ms Vanessa in the school office 66554201.



### Dates to Remember:

**Thursday 19<sup>th</sup> October 9am-12pm**  
Parent Orientation – Library 9-10.00am  
New Kindergarten students classroom visit

**Thursday 26<sup>th</sup> October 9am-12pm**  
New Kindergarten students classroom visit

**Thursday 2<sup>nd</sup> November 9am-12pm**  
New Kindergarten students classroom visit

**Contact:** Repton Public School, River St, Repton - 6655 4201 OR email: [repton-p.school@det.nsw.edu.au](mailto:repton-p.school@det.nsw.edu.au)


We are **EXCITED** to announce Repton Public School has now transitioned to **School Bytes**. You can register for the Parent Portal via the QR Code or visit <https://portal.schoolbytes.education>.

Two smartphones are shown side-by-side. The left phone displays the 'Quick links' menu with options like 'Statement of Account', 'Payment History', 'Services', and 'Calendar'. The right phone displays the 'Consent and Pay' section, showing a list of items for which consent is needed, such as 'Trip to Spring Day' and 'Luna Park excursion'.


**The Parent Portal**

- Easily make a payment online
- Download your receipt
- Sign and return permission notes digitally
- Use any credits on your account to make payment
- View your complete payment history
- Request a refund

**AVAILABLE DURING**  
**TERM 3**

 **School Bytes**

Register for the Parent Portal via the QR Code or visit  
<https://portal.schoolbytes.education>



Please feel free to call me (Vanessa) anytime for any assistance. We will still have the PAYMENT option on the Repton Public School website which will take you to the new School Bytes Portal. Thanks 😊

# Kitchen Recipe

## Rosemary Lavosh

Season: All

Makes: 30 tustes in the classroom  
or 6 serves at home

Fresh from the garden: rosemary

This easy-to-make lavosh recipe produces a thin yet satisfying seeded crispbread to serve with your favourite dip, soft cheese or preferred topping.

**Note:** You can use a rolling pin if you don't have a pasta machine. While you can use white or wholemeal flours, the combination of bread flour and leaving the dough to rest (called 'proving') contributes to a lighter crispbread. Any extra dough can be frozen for up to four weeks.

### Equipment:

metric measuring scales, jug,  
cups and spoons  
clean tea towel  
chopping board  
cook's knife  
wooden spoon  
large bowl  
pastry brush  
medium bowl  
plastic wrap  
pasta machine  
baking tray  
baking paper  
fork  
wire rack  
serving platter

### Ingredients:

300 g bread flour  
14 g dried yeast  
4 tbsp olive oil, plus at least 2 tbsp  
extra for oiling and brushing  
½ cup warm water  
salt, for sprinkling  
3 sprigs rosemary, leaves picked  
and finely chopped  
1 tbsp fennel seeds  
2 tbsp white sesame seeds  
1 tbsp black sesame seeds



### To roll and bake the dough:

1. Preheat the oven to 250°C (fan-forced).
2. Fix the pasta machine firmly to a suitable bench, with plenty of room to roll out your pasta.
3. Unwrap the dough and punch in the middle once to knock out some air.
4. Tip the dough onto a clean bench or surface, then knead gently by hand until the dough is smooth and does not stick to your fingers.
5. Roll the dough into a sausage about 30 cm long and cut into three equal pieces. Keep one piece out and fold the others back in the plastic wrap to keep moist.
6. Flatten and shape the dough into a rectangle about 2 mm thick.
7. Pass the dough through the widest setting of the pasta machine, twice. If the dough starts to stick, sprinkle a pinch of flour onto your hands and smooth it onto the strips of dough. Be very sparing with the flour.
8. Set the rollers to the next widest setting and pass the dough through. Depending on your machine, you may need to repeat this process until the dough is approximately half a millimetre thick.
9. Place the rolled-out piece of dough on a chopping board and cut into even-sized squares or triangles.
10. Place the dough onto baking trays lined with baking paper and prick all over with a fork for a crisp finish.
11. Brush the lavosh with the reserved oil and sprinkle with the sea salt, fennel seeds, white and black sesame seeds and rosemary.
12. Repeat this process with the two remaining pieces of dough.
13. Bake in the oven for about 10 minutes or until your lavosh is golden and crisp.
14. Cool on a wire rack before serving or store for up to three days in an airtight container.



## Sweet Potato & Chickpea Curry

Season: Winter/Spring

Type: Soups & Starters

Difficulty: Easy

Serves: 30 tastes in the classroom  
or 6 serves at home

Fresh from the garden: chilli, coriander, garlic, ginger, onions, sweet potato

Recipe Source: Stephanie Alexander Kitchen Garden Foundation

Sweet potato makes a tangy, sweet curry that goes well with flatbreads and rice.

### Equipment:

tea towel  
chopping board  
kitchen knife  
wooden spoons  
colander  
measuring spoons  
measuring cups  
small pot  
large pot

### Ingredients:

6 sweet potatoes  
4 onions  
8 cm knob ginger  
12 garlic cloves  
1 chilli  
1 tablespoon vegetable oil  
2 × 400 g cans tomatoes  
1 × 400 g can chickpeas  
1 cup coconut milk  
4 teaspoons cumin  
2 teaspoons ground cardamom  
2 teaspoons turmeric  
4 cloves  
2 teaspoons garam masala  
handful coriander  
salt  
pepper

### What to do:

- Peel and chop the sweet potato into 2 cm cubes. Blanch for 5 minutes, then drain in the colander.
- Roughly chop the onions. Finely chop the ginger, garlic and chilli.
- Heat the oil in the large pot, and add the sweet potato, chopped onion, garlic and ginger.
- Add chilli, salt, cumin, ground cardamom, turmeric and cloves. Stir over heat for 1 minute.
- Add tinned tomatoes and chickpeas. Season to taste.
- Cover and simmer on low heat for 20 minutes (stir occasionally)
- Add coconut milk, stir and simmer for another 5 minutes.
- Chop the coriander roughly, sprinkle over the curry simmer for another 2 minutes. Serve hot.



COLLECT  
DISNEY CARDS @ WOOLIES

If you have any extra cards, please donate them to school.

# HEALTHY LUNCHBOX IDEAS



## What's inside?

- Falafel, hummus and tomato wrap
- Mandarin
- Dried apricots
- Yoghurt
- Water



## What's inside?

- Roast beef, tomato & lettuce sandwich
- Celery pieces
- Apple
- Cheese and wholegrain crackers
- Water



## JOIN THE FUN!

Coffs Coast (Girls Satellite) Auskick Centre

WEDNESDAYS from 16th August – 13th September

Leisure Park East (Hockey Fields) Phil Hawthorne Drive, Coffs Harbour - 4.30pm – 5.30pm

The cost of \$55 includes an all female lead weekly session for 5 weeks of fun games and skills plus a personalised AFL pack (including a football, footy cards, and lots more)

RESERVE YOUR SPOT BY REGISTERING & PAYING ONLINE – SCAN THE BELOW QR CODE TO START

More Information Required? Contact AFL Young Leader Emily on 0477107627 or email [emily.sutherland@afl.com.au](mailto:emily.sutherland@afl.com.au)



[play.afl/auskick](https://play.afl/auskick)

VALLEY BRAVES BASKETBALL

# LITTLE WARRIORS

*'Be Brave'*

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### INTRODUCTION TO BASKETBALL

Great program for beginners  
under 12 years old

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»»»»»»»» **MACKSVILLE HIGH SCHOOL** <<<<<<<<<

**10 AM - 11AM**

- 20TH & 27TH AUGUST
- 3RD, 10TH & 17TH SEPTEMBER

**\$70**

INCLUDES A BASKETBALL TO KEEP  
AND PRACTISE WITH AT HOME

[Register Here](#)

INQUIRIES: [ADMIN@VALLEYBASKETBALL.COM.AU](mailto:ADMIN@VALLEYBASKETBALL.COM.AU)

# P&C News

## *Call for donations*

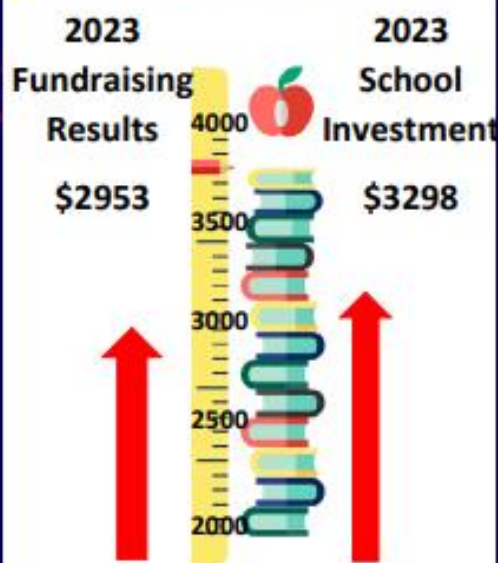
Our trivia night will be our major fundraising event for 2023 and as such we are calling for donations.

In addition to supporting Year 6 end of year events we are hoping this event will with funds supporting this year's play (stay tuned for exciting details on this).

If you, a family member, or a friend are able to kindly donate vouchers or goods that can be used for prizes or inclusions in a raffle, it would be **greatly appreciated**.

If you can please contact **Miss Vanessa** if you have any donations or ideas.

*Thank you in advance.*



### IMPORTANT P&C DATES

#### August

Thursday 31<sup>st</sup> – **Fathers Day** stall

#### September

Saturday 9<sup>th</sup> – **Trivia Night** at North Beach Bowling Club

Wednesday 13<sup>th</sup> - **P&C Meeting** at the School Office

Tuesday 26<sup>th</sup> - **Kids Bingo** at North Beach Bowling Club

#### Term 4

Date TBC – Colour run

Date TBC - Summer Movie Night

Have you got an idea for the P&C?  
Email us at [reptonpandc@gmail.com](mailto:reptonpandc@gmail.com)