# Wednesday 22<sup>nd</sup> February, 2023

# Repton Public School Newsletter - Term 1 Week 5

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## Principal's Message

**SRC-** It was a pleasure to present students with class leader badges at our first whole school assembly on Friday. We had two representatives from Gaagal, Juluum and Bindarray join our Year 6 leaders. Our students will join me for meetings to discuss issues and wishes straight from the voices of our classes and playground. They will make a wish list to share with our P&C and together we will work towards the objectives discussed.

**Garden group-** Thanks to our GA Chris, our gardening group were able to fill new garden beds with fresh soil ready for planting. Chris recycled materials to make new beds, removed all the nut grass and soil and filled with fresh soil. We have one bay completed and three more to go. Looking forward to watching them progress and grow some vegetables and herbs! Donations of seasonal vegetables and herbs are wanted to fill our patch, so if you have any to spare or want to grab a couple extra in your travels we would love to share.

**Kitchen-** Our kitchen was emitting a range of smells and excitement as we made our way back to the kitchen this week. The menu was well received, and we have included the fritter recipe in this newsletter. Students enjoyed the curry too and realised how versatile potatoes were. Thanks Tanya, for your help once again.

**Music-** The soft sounds of music drifted through my window on Friday and I was pulled towards the range of compositions being created around the school. It was amazing how much something so simple can make your heart sing.

**Friendship-** In order to complement our PDH program, we have organised a performance to visit our school next week. This will be an engaging show and raise a few issues that can arise with friendships. Looking forward to hosting this performance for all students K-6.

**Fundraising-** Our school supports our students and families in a variety of ways. One way we can relieve the financial burden for you is by spending a bit of time developing a school fundraising initiative or giving time to support a cause. Contact the school if you have an idea or are willing to be a part of a fundraising team.

Have a great week, Mrs Kristy Glyde Principal

# **REPTON 2023**

# FEBRUARY 2023

- 27<sup>th</sup> District Swimming
- 28<sup>th</sup> Friendship Incursion K-6

# **MARCH 2023**

2 <sup>nd</sup>	Soccer Gala Stage 2 & 3	
8 <sup>th</sup>	Dental Clinic K-6	
8 <sup>th</sup>	P&C AGM 5.30 pm	
13 <sup>th</sup> -1	7 <sup>th</sup> NAPLAN Yr 3 & 5	
21 <sup>st</sup>	Harmony Day- K-6	
multicultural community lunch		
28 <sup>th</sup>	Netball gala	

#### APRIL 2023

7 <sup>th</sup>	Last Day Term 1	

- 24<sup>th</sup> Staff Development Day
- 25<sup>th</sup> ANZAC Day
- 26<sup>th</sup> Students Return Term 2 School Photos

# Thought of the Week

Our school creates teaching and learning environments that enable students to be healthy, happy, engaged and successful.



# K/1 GAAGAL



Another busy week in the Gaagal classroom. We are busy learning all about measurement in maths, learning the sounds of the alphabet and how to combine them to make words and having fun doing art and craft. Students are learning how to follow school rules and how to be a kind and respectful friend. Keep up the great work everyone!



This week we are working with fractions. We analysed different representations of fractions and tried to order them on a string line. This led to lots of conversations about fraction equivalence, and we learnt that the bigger the denominator, the smaller the piece of pizza!

## 1/2 JULUUM



Students have enjoyed a fabulous week of learning and social interactions in Juluum. We enthusiastically welcomed back Gumbaynggirr language lessons delivered by Jett and Michael Jarret. Friday also saw the first netball lessons during our designated sport sessions. It was hot and tiring, but boy did we have a lot of fun! What a great week!

5/6 WINDA



Winda enjoyed an excellent week, full of creativity and learning. Our first Friday Funday of the year was amazing, seeing students enjoy their kitchen, garden or music rotation, followed by Gumbaynggirr language, netball and creative arts in the afternoon. We're making beautiful hanging clay leaves to be placed on driftwood. Congratulations everyone on a great week!

#### Term 1 Week 5

# WRITER OF THE WEEK

Gaagal



Сосо







Bear

Ava



# Students of the Week



GAAGAL: Evelyn, Koobra



BINDARRAY: Lilah, Elwood



CLASSIEST CLASS AWARD: Bindaraay



JULUUM: Tao, Indi



WINDA: Hunter, Asha



LEADER AWARDS: Ren, Aria, Edward, Harlem

Win Bin Wednezday

Declan, Indi, Penny, Felix



# **GAAGAL Maths - More or Less**



# **Library Borrowing Days**

Don't forget your library bag! K/1 – Tuesday 1/2 – Wednesday 3/4 – Thursday 5/6 – Thursday

Term 1 Week 5

# Sweetcorn fritters with crisp sage leaves and herb yoghurt

#### Makes 20

Fresh from the garden sweetcorn, sage, chives, parsley, eggs Crisp sage is delicious and different and is a popular garnish for filled pasta, such as ravioli, or thin slices of pan-fried veal.

kitchen paper

small saucepan

wooden spoon

% cup plain (all-purpose)

1 teaspoon bicarbonate

of soda (baking soda)

serving plate

flour

40 g butter

2 cups buttermill

1/2 teaspoon salt

egg lifter

scales

which

non-stick frying pan

#### Equipment

baking tray chopping board large knile fork bowis – 1 small, 2 medium, 1 large tea towel small serving bowl metric measuring spoons and cups

## 💦 Ingredients

3 cobs sweetcorn 20 large sage leaves 10 chives 10 stalls parsley 1 cup yoghurt 45 cup extra-virgin olive oil 1 egg 275 g coarse polenta (cornmeal)

#### What to do

✤ Preheat the oven to 150°C and place the baking tray in the oven to keep warm.

#### BOTTOM DRAWER

Interesting terms/techniques • separating eggs • whisking eggwhites to form soft peaks • making a well in dry ingredients • working in batches Safety tip Otting kernels form a com cob can be difficult because the kernels are slippery. Ask an adult to show you how ★ Set out the chopping board and knife. Stand the corn cobs on the chopping board and, using the fork, rake over the kernels to release the milky cream within. Cut the kernels from each cob. Put the kernels and liquid into the small bowl (you should have 1%-1% cups of rather sloppy sweetcorn).

常Rinse the sage, chives and parsley and dry by rolling in the tea towel. Chop the chives and parsley and place in the small serving bowl. Add the yoghurt, stir to combine, then set aside.

Line the plate with kitchen paper. Heat a little of the oil in the frying pan and fry the sage leaves over a medium heat until crisp. Scoop the leaves onto the paper-lined plate, then put into the oven to keep warm.

★Set out the 2 medium bowls. Separate the egg by cracking it, then tipping it into your cupped hand, which should be held over one of the bowls. Separate your fingers and let the white slip into the bowl, then place the yolk in the other bowl.

Heasure the polenta and flour, then place them in the large bowl, along with the salt and bicarbonate of soda. Melt the butter in the small saucepan over a medium heat.

\*Add the buttermilk and melted butter to the egg yolk and whisk to combine. Make a well in the dry ingredients and pour in the buttermilk/egg yolk misture. Mix well with the wooden spoon, then sitr in the sweetcorn.

₩ Wash and dry the whisk, then whisk the eggwhite until soft peaks form. Fold the eggwhite into the batter using the spoon.

★Add a little more of the oil to the frying pan and place over a medium heat. Make a fritter by placing a tablespoonful of batter in the frying pan. Keep going until the pan is full, but not overcrowded. Cook for 3-4 minutes, until bubbles form, then flip over and cook on the other side. Transfer the cooked fritters to the warmed baking tray and return the tray to the oven. Repeat with the remaining mixture, adding a little extra oil to the frying pan after each batch.

₩When all the fritters are ready, arrange on the serving plate with the bowl of herb yoghurt at the centre. Place a crisp sage leaf on the top of each fritter.

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# Desley's mum's silverbeet, potato and tomato curry

Serves 6 at home or 12 tastes in the classroom Fresh from the garden potatoes, onions, garlic, silver beet, cortander, parsley

To save time in the classroom, we had the students prepare the potatoes for the next class. This involved peeling the potatoes, chopping them, then leaving them to soak in cold water. This was generally done while the students waited for the curry to cook.

colander

heavy-based frying pan

sides and lid

ooden spool

salad spinner

serving bowl

1/2 teaspoon ground

chopped tomatoes

6 stems coriander (cilantro)

18 silverbeet leaves

10 stalks parsley

turmeric

¼ cup olive oil

1 × 400 g can

tea towel

(or saucepan) with 6 cm

## Equipment

chopping board Innives – 1 small, 1 large peeler bowls – 1 small, 1 medium, 1 large small non-stick frying pan metric measuring spoons and cups mottar and pestle

#### **N** Ingredients

6 large potatoes 1 onion 1 × 5 cm piece fresh ginger 2 cloves garlic 1 teaspoon cumin seeds 1 teaspoon coriander seeds 1 teaspoon brown mustard seeds ½ teaspoon chilli flakes 6 curry leaves

#### What to do

★ Set out the chopping board, knives and peeler. Peel the potatoes and place the peel in the compost bucket. Chop the potatoes into 2 cm cubes, place in the large bowl and cover with water. Soak the coriander in a small bowl of water. Peel and chop the onion, ginger and garlic, and place in the medium bowl.

salı

\*Heat the small frying pan over a medium heat. Toast the cumin seeds in the dry pan until they smell fragrant. Tip the seeds into the mortar. Toast the coriander seeds in the same pan until they smell fragrant. Add these seeds to the mortar. Toast the mustard seeds until they start to pop, then add them to the mortar. Crush the seeds to a coarse powder using the pestle. Add the chill flakes, crumbled curry leaves and turmeric to the crushed spices, and stir to combine.

Place the colander in the sink. Tip the potatoes and water into the colander. Heat the oil in the heavy-based frying pan over a medium heat and tip in the onion, garlic and ginger. Fry, stirring with the wooden spoon, for a few minutes until softened. Add the crustled spices from the mortar, the potatoes, and the tin of tomatoes along with their juice. Stir with the wooden spoon to combine and add just enough water to barely cover. Cover tightly with the lid and reduce the heat to a simmer. Set the timer for 25 minutes.

★ Meanwhile, separate the silverbeet leaves from their stems by slicing along each side of the thick central stem. Place the stems in the compost bucket. Rinse the silverbeet leaves and dry in the salad spinner. Roll the leaves into a loose bunch, then shred with the large knife. Place the shredded leaves in the bowl used to hold the onion. Lift the coriander from its soaking water. Rinse the parsley. Dry the herbs by rolling in the tea towel, chop roughly, then set aside in the small bowl.

★ When the timer goes off, check the potatoes are tender and taste for salt. Add the silverbeet leaves, cover and cook for 10 minutes.

Transfer the hot curry to the serving bowl. Sprinkle the chopped parsley and coriander over the top.

#### BOTTOM DRAWER

Interesting terms/techniques

stemming leaves and shredding leaves • toasting spices
Questions 1 Is there a single spice known as curry?
What are the countires where curry is traditionally eaten?

Answers 1 There is no single splor called curry three is plant called the curry plant and its leaves are used as a flavouring in mark curries. 2 Curry-setting nations include india, Shi Lantu, Pakitam, Bangledeh, Malityte and Thalland

AUTUMN 185

# CANTEEN is open on FRIDAYS





Back to School NSW vouchers

\$150 worth of Back to School NSW vouchers are available for each child who attends a primary or secondary school.

You can use the vouchers to pay for school uniforms from the Repton Public School P & C and excursions from Repton Public School until 30 June 2023.

# ANYTRIP BUS APP - TRACK YOUR CHILD'S SCHOOL BUS TRIP



AnyTrip lets you track public transport vehicles around you in real-time using a live map. It will also show you upcoming departures from your favourite stops and stations.

- · Check which service you are currently travelling on
- Check real-time departure information
- Get an at-a-glance view of all public transport across NSW

Access AnyTrip web app ☑ through a web browser.

By Jxeeno Pty Ltd.

Google Play



# Start saving for 2024 back to school.

Saver Plus is free. Learn tips and tricks to polish your budget and saving skills. Save for 10 months. Get up to \$500 of matched savings for school expenses. Just in time for 2024.

saverplus.org.au





## BELLINGEN DORRIGO JUNIOR

RUGBY LEAGUE

2023 Registrations are now open for all ages

U6s-U12s Boys & girls Tackle,

U13s-U15s Boys Tackle,

U13s-U16s Girls League Tag

Training to commence March, Season Start April. Register today @ <u>https://profile.mysideline.com.au/register</u>

No experience needed, no extra weekly costs.

Registration cost is \$150, Rego includes club playing socks, shorts, & polo shirt.

Active kids Voucher accepted upon registering 🔊 Service

www.service.nsw.gov.au/transaction/apply-active-kids-voucher

For more information please see our Facebook page Bellingen Dorrigo Junior Rugby League, or email us at belligo@live.com.au







Bellingen Football Club is open for registrations for the season. All years Kindy to Year 12, Opens/all-age, and over 35s.

Teams fill up fast and training will begin in early March.

If you are intending to register now is the time!

Register at <u>https://www.playfootball.com/register</u> For more info see Bellingen Football Club on Facebook

(@bellingenfc) or webpage bellingenfc.com.au

Active kids vouchers accepted (enter as a voucher code on the sign up payment page).



New members welcome- registration open Online registration available @ playhq.com

Coaches and umpire positions needed!!! Contact bellingennetball@gmail.com



# **#BE BRAVE** DOMESTIC COMPETITION VALLEY BRAVES

Annual BNSW rego required after the first

# \$5.00 each Sunday Pay & Play Weekly

Week.Due to Macksville High being unavailable onUnder 8: \$10Feb 19th, the competition will take place that8-11 years old:week at Nambucca High School\$30U14's - 12:15pm

12-17 years old: \$40

May 21st

at Nambucca High Sc U14's - 12:15pm U12's - 1pm U16's - 1:45pm U18's - 2:30pm

# **VENUE: MACKSVILLE HIGH SCHOOL**

TIMES:

1pm: 2:00pm; Under12's, Under 14's 3:15pm - 3:30pm; Under 16's, Under 18's

<u>Sunday Dates</u> Feb 12th. 19th. 26th. March 19th

June 4th

April 30th July 16th, 30th

Further enquiries: admin@valleybasketball.com.au



## AGM DETAILS

We have confirmed our AGM for

# Wednesday 8 March from 5.30pm at the school.

At the AGM we will be appointing the formal committee positions and general member positions. We need a minimum of 5 members to form a committee. Joining as a general committee member is a good opportunity to learn how the committee works without the commitment on an official role.

As a P&C member, you will get to meet other parents and have a voice in what activities the P&C host and how we utilise the funds in the school.

The committee consists of a President, Secretary, Treasurer, the Principal and general committee members.

Come along to the AGM and see what it's like. It is a very rewarding and fun experience. Our committee runs in an informal setting while meeting our mandatory requirements. We aim for a collaborative and empowering environment. We look forward to seeing you there.