

Wednesday 6<sup>th</sup> October, 2021

# Repton Public School

Newsletter – Term 4 Week 1

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**E-Mail:** email: repton-p.school@det.nsw.edu.au

**T:** 66554201  
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## Principal's Message

Welcome back: It was a very happy return to school yesterday with almost all students in attendance. We loved hearing about the activities enjoyed and adventures had with families. We have 11 weeks of school this term and will be challenged with restrictions affecting our usual practices. We are proud of the resilience shown by our students and are grateful for the opportunities we do have.

Literacy: This term we will be learning the language and structures of narrative and persuasive writing. We will read, create and write a variety of interesting texts that develop our skills in these areas. We are looking at the theme of "Save our Planet" so some interesting discussions are likely to take place across the school.

Level 3: We are still restricted at school with COVID-safe practices, face-to-face learning allowed but restrictions include mask wearing for staff, reduced mingling where possible, no singing, chanting, choirs, bands and school performances, no assemblies, no excursions, no community use of school grounds, no SRE or language programs. School canteen can operate.

Kindergarten 2022: We look forward to welcoming our new enrolments to our school with the transition program to commence this term. If you know anyone in the area who is yet to enrol, please contact the school on 66554201. At the moment we will have to put our transition program on hold as Level 3 restrictions do not allow it. More information to come.

Art Competition: Entries for our Spring Art competition are due this Friday. I hope to see some quality entries arriving and can't wait to display them around our school.

Thanks,  
Mrs Kristy Glyde,  
Principal

Today we held a Lockdown Drill to improve our emergency response plan

## REPTON 2021 OCTOBER

- 13<sup>th</sup> P&C Meeting 5.30 by Zoom - All welcome
- 14<sup>th</sup> STAR Program 9-12pm (Students only)
- 16<sup>th</sup> P&C Bello IGA Stall
- 21<sup>st</sup> STAR Program 9-12pm (Students only)
- 28<sup>th</sup> STAR Program 9-12pm (Students only)

## NOVEMBER

- 3<sup>rd</sup> The River – School Musical 6pm **Postponed - tba**
- 4<sup>th</sup> The River – School Musical 2pm & 6pm
- 4<sup>th</sup> STAR Program 9-12pm Parent Orientation 9am-10.30am
- 8<sup>th</sup> – 19<sup>th</sup> Swimming Scheme
- 11<sup>th</sup> Remembrance Day
- 19<sup>th</sup> Small School Orientation Yr 6-7
- 26<sup>th</sup> All Schools Orientation Yr 6-7

## DECEMBER

- 16<sup>th</sup> End Term 4 for students

## Thought of the Week



K/1



K/1 had a happy and enthusiastic start to Term 4. We are busy learning and consolidating many literacy and maths skills. It was lovely to read student's holiday recounts, to listen to everyone reading and to practise number bonds. K/1 had a lovely time playing on the new playground equipment.

2/3/4



It is so lovely to see 2/3/4 back for Term 4! We have had a fabulous start and are very excited to find the updated playground equipment. We went out for a special class play, to celebrate our return to school. Students were excited to write and share their holiday stories. Their writing was very expressive and exciting to read. Well done, 2/3/4!

5/6



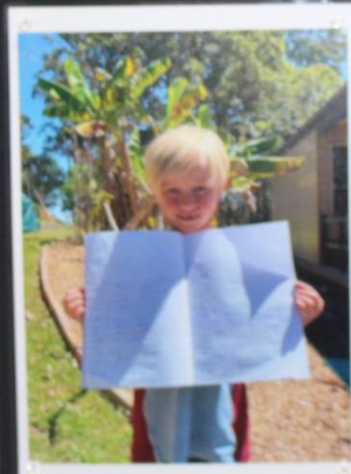
We had such a fun end to Term 3 with our Chain Reaction Machines. Each group worked so well together to problem solve and show resilience when their machine needed adjusting. It was amazing to see each group's joy and excitement when their creations finally worked perfectly! Great work, 5/6!

Writer of the Week

Mrs Lemmes' Literacy Group



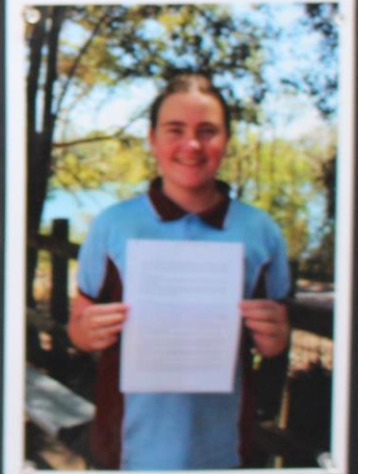
Mrs Glyde's Literacy Group



Mrs Buckley's Literacy Group



Mr Stanley's Literacy Group



# Optimistic October 2021

MONDAY



TUESDAY

WEDNESDAY



THURSDAY



FRIDAY

SATURDAY

SUNDAY



- 1 Write down three things you can look forward to this month
- 2 Find something to be optimistic about (even if it's a difficult time)
- 3 Take a small step towards a goal that really matters to you
- 4 Start your day with the most important thing on your to-do list
- 5 Be a realistic optimist. See life as it is, but focus on what's good
- 6 Remind yourself that things can change for the better
- 7 Look for the good in people around you today
- 8 Make some progress on a project or task you have been avoiding
- 9 Share an important goal with someone you trust
- 10 Take time to reflect on what you have accomplished this week
- 11 Avoid blaming yourself or others. Find a helpful way forward
- 12 Look out for positive news and reasons to be cheerful today
- 13 Ask for help to overcome an obstacle you are facing
- 14 Do something constructive to improve a difficult situation
- 15 Thank yourself for achieving the things you often take for granted
- 16 Put down your to-do list and do something fun or uplifting
- 17 Take a small step towards a positive change you want to see in society
- 18 Set hopeful but realistic goals for the week ahead
- 19 Identify one of your positive qualities that will be helpful in the future
- 20 Find joy in tackling a task you've put off for some time
- 21 Let go of the expectations of others and focus on what matters to you
- 22 Share a hopeful quote, picture or video with a friend or colleague
- 23 Recognise that you have a choice about what to prioritise
- 24 Write down three specific things that have gone well recently
- 25 You can't do everything! What are your three priorities this week?
- 26 Find a new perspective on a problem you face
- 27 Be kind to yourself today. Remember, progress takes time
- 28 Ask yourself, will this still matter a year from now?
- 29 Plan a fun or exciting activity to look forward to
- 30 Identify three things that give you hope for the future
- 31 Set a goal that brings a sense of purpose for the coming month



ACTION FOR HAPPINESS

Happier · Kinder · Together



Take a small step towards a goal that really matters to you



ACTION FOR HAPPINESS

## Healthy Lunch Box recipe

### Couscous cakes



#### Ingredients

- ¾ cup couscous, preferably wholemeal
- 1 tsp reduced-salt vegetable stock powder
- 1 cup boiling water
- 1 clove garlic, crushed
- ¼ cup parsley or coriander
- ½ cup tinned chickpeas, drained & rinsed
- 2 large eggs, lightly beaten
- 1 lemon, zested
- Olive oil

- Makes 8 patties

#### Method

Place the couscous and stock powder in a large bowl and add boiling water. Stir, cover and sit for 5 minutes.

Chop the garlic in a food processor. Add the parsley or coriander and pulse until finely chopped. Add the chickpeas and pulse until chopped.

Fluff the couscous with a fork. Add the chickpea mix, eggs and lemon zest and mix well. Refrigerate for 15 minutes. Press into a ¼ measuring cup to create cakes. Repeat with the remaining mix.

Heat olive oil in a frypan over medium heat. Add the couscous cakes in batches so not to over crowd. Press them down gently with a spatula to flatten. Cook until golden on both sides.

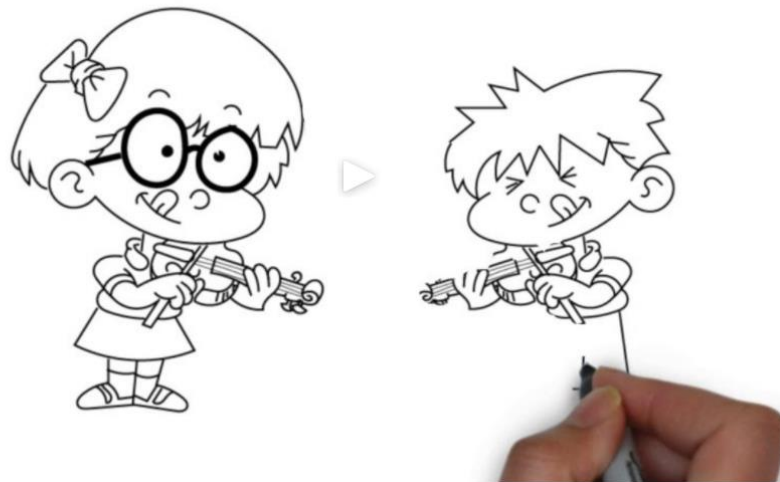
For more recipes visit:  
[healthylunchbox.com.au](http://healthylunchbox.com.au)



**STEM:** This week we are back into video recording and editing skills during STEM lessons. 5/6 are preparing for their Garden Guru videos and 2/3/4 completed their News Report.



# STRENGTHS & PURPOSE



After all those weeks of learning from home, all classes will be participating in the Bounce Back program again this term. The attached link is for a short and informative video explaining the aims of the program. <https://youtu.be/HU3DsJ5aNZw>



*Resilience is the capacity to cope well in times of adversity or hardship.*

*Resilience is the ability to bounce back from difficult times while retaining a positive sense of self.*

## Reading Magic – And Do It Like This

There's no exact right way of reading aloud, other than to try to be as expressive as possible. As we read a story, we need to be aware of our body position, our eyes and their expression, our eye contact with the child or children our vocal variety and our general facial animation. But each of us will have our own special way of doing it. For instance, when I read the beginning of my book *Koala Lou*, my voice swings up and down in the same tune, the same s-l-o-w song, every time:

There was once a *baby* koala so *soft* and *round* that *a-l-l* who saw her *loved* her. Her *name* was Ko-*ala* Lou.

The ups and downs of our voices and our pauses and points of emphasis are like music, literally, to the ears of young children, and kids love music. Simple tunes also make anything easier to remember, so it's useful to read a book in exactly the same way every time, and, as I've said earlier, to read the same book over and over again. The more quickly children pick up the tune of the words, the more they'll remember the words and the more quickly they'll have fun trying to "read" the story themselves, with the same expression as we use.

Mem Fox, *Reading Magic*, 2008

Children need to hear a thousand stories before they can begin to learn to read.



*Ms Sue's Favourite  
Read-Aloud  
Story Books*

- *The Adventures of Captain Underpants* Dav Pilkey
- *Charlotte's Web* E B White
- *Wombat Stew* Marcia Vaughan
- *The Very Hungry Caterpillar* Eric Carle
- *Edward the Emu* Sheena Knowles

If you need any Art supplies to help with this project please call the school and we can arrange for a contact free pickup.  
**List of products are: Bright mix of paper/ Oil Pastels/ soft pastels/ soft charcoals**  
**Entries to be submitted by the end of the first week back at school 5-8<sup>th</sup> October**

**Repton Public School is conducting an Art Competition.**

**CALLING ALL ARTISTS!**

*Announcing the Spring Iso Art Comp*

3 prizes will be awarded and works of art will be displayed in the office and in the schools new freshly painted art exhibition space, in the library stairwell.

Create a 2D art work of any kind (not photography). Open to all ages... That means kids, mums, dads, granny, aunty, uncle anyone in our school community.

**NEED ART SUPPLIES** now is the time to redeem your creative kids voucher. Go online and get your creative kids voucher from Services NSW.

Entries to be submitted by the end of the first week back at school 5<sup>th</sup> - 8<sup>th</sup> October

Lets get creative in lockdown... For details contact Miss Vanessa at Repton Public School on 6655 4201

# STAR Program

## Student Transitions At Repton



**Taking enrolments for Kindergarten 2022 now**



### Our School

Repton Public School provides a positive learning environment which fosters students' academic achievement and supports every child to become a resilient, respectful and responsible citizen. Our school is collaborative, creative and innovative, and we nurture the wellbeing and continuous progress of students and staff to flourish.



### STAR Transition

New Kindergarten students for 2022 are invited to join our school for our school readiness program. Please drop your child off & collect them as quickly as possible. Your child will be introduced to a buddy during their visit to help them start school. Please pack your child fruit and water bottle for "crunch and sip". Bring a packed healthy lunch and a hat to play outside for each visit. If you have any questions please call the school office 66554201.



### Dates to Remember:

**Thursday 14<sup>th</sup> October 9am-12pm**  
 New Kindergarten students classroom visit  
**Thursday 21<sup>st</sup> October 9am-12pm**  
 New Kindergarten students classroom visit  
**Thursday 28<sup>th</sup> October 9am-12pm**  
 New Kindergarten students classroom visit  
**Thursday 4<sup>th</sup> November 9am-12pm**  
 New Kindergarten students classroom visit  
**Parent Orientation – Library 9-10.30am**

**Contact:** Repton Public School, River St, Repton - 6655 4201 OR email: repton-p.school@det.nsw.edu.au

## COVID SAFE\_PLAN:

Parents and carers must follow their school's advice regarding changes to drop off and pick up including staying in the car when dropping off and picking up children if safe to do so.

Parents should:

- maintain physical distancing by avoiding gathering outside of school gates
- remain outside of school grounds (note some exceptions may apply regarding schools for specific purposes, vulnerable students or students with disability)
- follow mask-wearing requirements and sign in using the Service NSW QR code when entering the school.



### ENTER THE BELLINGEN SHIRE PHOTOGRAPHY COMPETITION

As part of Mental Health Month you're invited to tune in by sending us a photo along with a short description that shares a message about mental health.

For more information contact Council on 6655 7300 or visit our website. ENTRIES CLOSE 31 OCTOBER



SCAN THE CODE TO ENTER



WWW.BETA.BELLINGEN.NSW.GOV.AU

A blue advertisement for Ritchies IGA. At the top, the 'RITCHIES IGA' logo is displayed. Below it is a graphic of two hands holding a heart. The main headline reads 'DOUBLE \$DOLLAR DONATIONS'. A sub-headline states: 'This month, Ritchies are doubling all funds earned, to your selected club, school or charity.' The central image shows a smiling family of three (a man, a young girl, and a woman) all making peace signs. Below them is a smartphone displaying the Ritchies app interface. At the bottom, text encourages users to 'DOWNLOAD THE RITCHIES CARD APP AND SELECT THE CLUB, SCHOOL OR CHARITY THAT YOU WISH TO SUPPORT.' It includes 'Download on the App Store' and 'GET IT ON Google Play' buttons, along with a 'RITCHIES CARD' button. A small note at the bottom right says: 'FOR FULL TERMS AND CONDITIONS OF OUR RITCHIES CARD PROGRAM PLEASE VISIT WWW.RITCHIES.COM.AU/RITCHIESCARDTERMS'.



Download the Ritchies loyalty app today and start saving!

Ritchies Card

Scan me!

