

Wednesday 28th October, 2020

Repton Public School

Newsletter – Term 4 Week 3

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Principal's Message

World Teachers Day: This year is an extraordinary year and as we look forward to World Teachers' Day on Friday, I think about the amazing teachers we have at Repton Public. Our teachers have adapted and supported changes to education this year being flexible and resilient. They have modified their teaching style and catered to the needs of every student in their care. Teachers have developed learning experiences that are diverse and engaging that inspire our students to aim high. They are happy and caring toward every student in the school and make the school a welcoming place to be. I'm sure you will join me in acknowledging them on Friday.

Writing: Our students will participate in their fantasy writing assessment this week to gain some current learning goals for literacy development. The ability to be creative and invent characters of their own and design worlds that don't exist is a great creative outlet for our students. Art and illustration is also a key component in this unit too.

NRL: Thanks to Garry Stevenson for giving our students some fun and skill development with his NRL clinics. Garry has been impressed with our students' keen attitude and willingness to participate in all sessions. We have a few more sessions to go and a tag gala day coming up.

Swim school: We are pleased to say that even though the official water safety program will not be run for all schools this year, we had the opportunity to organise our own swim program and have been supported by Bellingen pool. After missing this with the bushfires last year, we were very keen to make this happen. During week 7 and 8, we will leave school by bus at 12pm daily to attend our 10-day swimming program, returning at 2pm.

Mrs Kristy Glyde
Principal

REPTON 2020

OCTOBER

30th World Teachers' Day

NOVEMBER

4th K-2 Cascade visit

5th 3-6 Cascade visit

11th NAIDOC celebration

Remembrance Day

18th STAR Transition Day

& Parent Orientation

Day 9-12pm

23rd-4th Dec Swim School- 2 weeks

25th STAR Transition Day

9-12pm (students only)

26th Small Schools

Orientation Yr6-7

DECEMBER

4th All Schools Orientation Yr6-7

Last Day Swim school

Story Time for Pre-

schoolers 8.45-9.00am

11th Story Time for Pre-

schoolers 8.45-9.00am

Reports home

14th Presentation day

15th Yr 6 farewell dinner

16th Last Day Term 4

Attendance:

If your child is unwell, do not send them to school. If they are unwell at school, you or your nominated emergency contact will need to collect them immediately. Please ensure your child's contact details are up to date.

Thought of the Day

Celebrate teaching: A bright future!

K/1



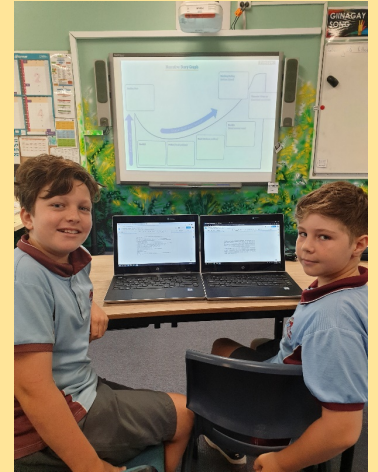
K/1 had fun with The Three Billy Goats Gruff. They created 3D paper models of the story and used masks to retell and act out the story.

2/3/4



Our geography lessons are taking 2/3/4 all over Australia as they determine the many reasons behind Australian settlement patterns. Google Earth has allowed us to have a first-hand glimpse at many communities and share similarities and differences between theirs and ours.

5/6



5/6 have begun writing a fantasy narrative this week. After careful planning and a close look at the Seven Steps for Writing Success, students are making excellent progress! Well done, 5/6!

Music



In music this week, the Emus learnt how to read the notes on the Treble Clef. Students worked together to complete an investigation using their new knowledge and were able to enjoy a handful of interactive games. Great work, Emus!

Cooking

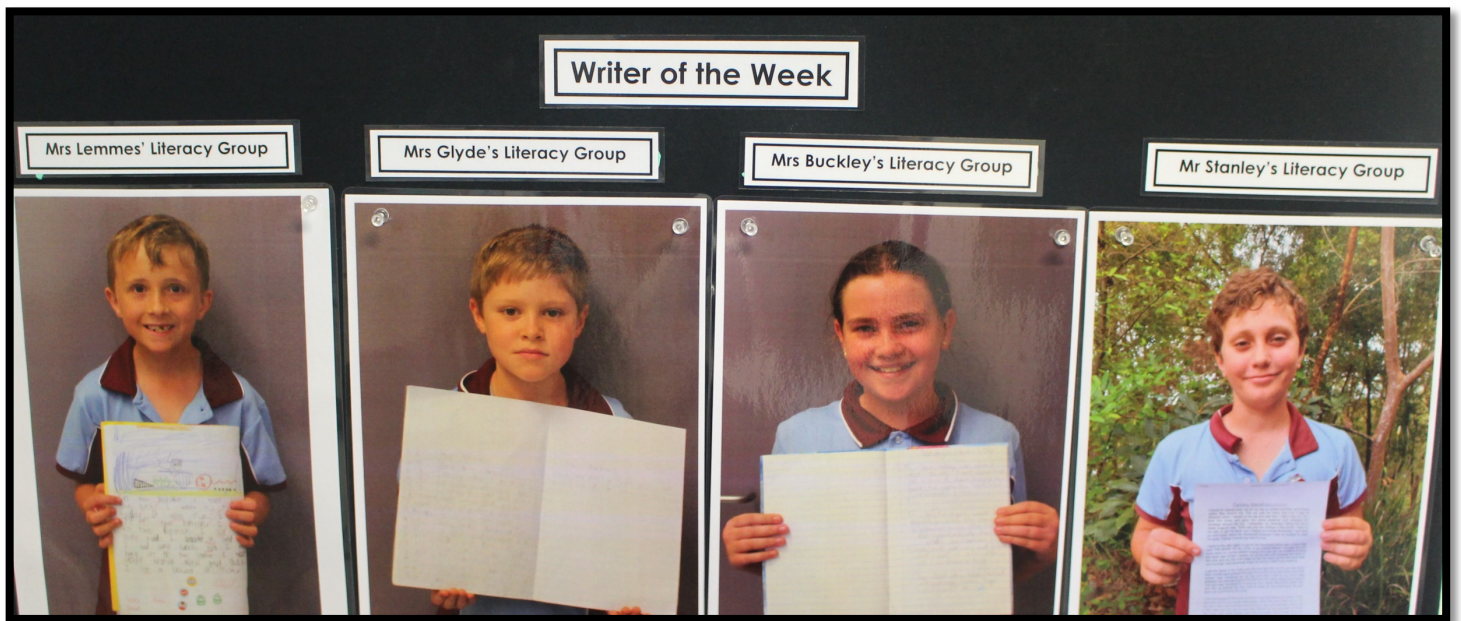


The kitchen rotation was very busy this week with students making two salads, savoury muffins and garlic butter from cream! What fun and learning! Well done, Kookaburras!

Gardening



We had a lovely session up in the top garden. Students weeded the keyhole garden and planted pumpkins, watered the plants in the new garden and potted up more succulent cuttings.



STEM- with Mrs Glyde

K/1 were developing their typing skills this week publishing their creative writing pieces.

2/3/4 have had a break from stop motion to refresh their typing skills too.

5/6 have been learning how to use create graphs from tables using spreadsheets.



Received a new supply of hats and these will be available at the new price of \$12.00.

Hats

All students are required to wear SunSmart hats that protect their face, neck and ears when outside for play, sport and teaching.

Children without a SunSmart hat play in the shade "No hat, play in the shade", or are provided with a spare SunSmart hat.



Royal Freemasons'
Benevolent Institution

RFBI Christmas Card Competition 2020



Grab your paints and draw your dream Christmas!

This year's theme is "My Dream Christmas".

Enter this year's RFBI Christmas Card Competition to win a \$50 book voucher plus a \$100 book voucher for your school.

Competition runs 12–26 October 2020



Send entries to the Village (via email) by 30 October 2020

To celebrate NAIDOC week, Repton Public School will be holding celebratory activities at the school on Wednesday 11th November. Throughout the day all students K-6 will participate in various indigenous activities including art, drama, cooking, stories and games. Students will also have the opportunity to purchase a *Kanga Banga Sanga*, (Kangaroo sausage sandwich) for \$1 at lunchtime.

Due to Covid 19 restrictions we are unable to invite family and community members to join us for this event.



Students may wear red, black and yellow clothing on this day.

A separate note is being sent home today.

Do you shop at Richies IGA Boambee?

Exciting News!

Our Fundraising Partner Richies IGA, are launching their new Richies Card, incorporating the Community Benefit Program and this will not only benefit our school, but also all our members. The program now has an App for both IOS and Android smart devices. For those members who don't have a smart phone, or would like a physical card, this option is also available and can be linked to the App. Every month, our organisation will receive 0.5%* of our members' spend in Richies Stores PLUS our members will receive special offers and member only specials via the App.

*T&C's apply see <https://www.ritchies.com.au/ritchiescardterms>

Featuring monthly promotions, cheaper prices for you, Collect and Win, as well as games and lots more fun things to do, this is a great opportunity to support our club. You can download the Apps by scanning the QR codes below - or search for Richies in the Apple App Store or Google Play.

RITCHIES
EST 1870
CELEBRATING 150 YEARS
Thomas Ritchie

HELP RAISE FUNDS FOR
Repton Public

BY USING YOUR RITCHIES LOYALTY CARD

- Download the Richies Loyalty App
- Nominate our organisation
- Shop at Richies
- You will benefit and we will benefit

CONDITIONS APPLY
Go to www.ritchies.com.au/loyalty

Covid Clinic Bellingen

Starting next Monday 19th October, the opening times of the Bellingen Drive Thru COVID Testing Clinic will change to: **9am to 9:30am, Monday to Friday**

Same location – 15-23 Watson Street, Bellingen (behind St Mary's Primary School).

Please phone to pre-register anyone being tested- 6655 0663 - we can test a lot of patients in a short period of time when we have details in advance.

The change in time is to 'beat the heat' for both the staff wearing PPE, and patients waiting for testing in hot cars.

The opening hours of the clinic may expand if case numbers expand in NSW & demand for testing increases.

BELLINGEN HIGH SCHOOL



YEAR 7
2021



ORIENTATION DAY

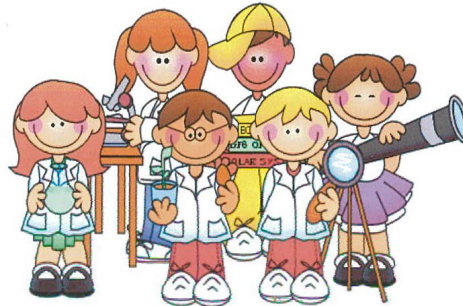
You are invited to the Bellinghen High School Orientation Day, where you will have the opportunity to meet your new classmates, teachers and try out all the fun things you will be doing next year!

SCIENCE MATHS ENGLISH AGRICULTURE
FOOD TECH DESIGN AND TECH AND MORE!

KEY DATES:

Small Schools Orientation Day – Thursday 26th November

All Schools Orientation Day – Friday 4th December



Grasshopper Soccer

Australia's #1 Non-Competitive Soccer Program
For Girls & Boys Aged 3-12!

20% OFF VOUCHER

Enrolment and kickoff Saturday 31st October Brelsford Park

Phone: 0439 361 405

Visit and Like us on Facebook

**Grasshopper
SOCCER**



STAR Program

Student Transitions At Repton



Taking enrolments for Kindergarten 2021



Our School

Repton Public School works in partnership with its community to ensure that every student has the opportunity to succeed in a safe, positive, welcoming, respectful and inclusive environment. Our learning experiences are varied, innovative and creative and promote lifelong learning for all.

STAR Transition Days - Update

New Kindergarten students for 2021 are invited to join our school readiness program.

Wednesday 18th Nov 9am-12pm

New Kindergarten students classroom visit
Parent Orientation Day - Library

Wednesday 25th Nov 9am-12pm

New Kindergarten students classroom visit
Please drop your child off & collect them as quickly as possible

Story Time for Pre-Schoolers

Bring your pre-schooler along to share a story with one of the teachers and become familiar with Repton Public School.

8:45am – 9:00am
December 4th & 11th

Contact: Repton Public School, River St, Repton - 6655 4201 OR email: repton-p.school@det.nsw.edu.au

Healthy Lunch Box website

A one-stop-shop for everything you need to know about packing a healthy lunch box.



Need help packing a lunch box?

Check out our new [online presentation](#) that will show you how easy it can be to pack a healthy lunch box that your kids will love to eat!

For recipes, tips and more visit:
healthylunchbox.com.au



COVID-19

Look after your mental health during the COVID-19 (coronavirus) pandemic

1. Stay active

Exercise is good for your mind and body. You can leave home to exercise outdoors but remember to stay 1.5 metres away from others. Exercise regularly and choose activities you enjoy. This could be walking, tai-chi, jogging, yoga or an indoor workout.



2. Eat healthy

Eating healthy food is good for our mental and physical health. Eat a lots of different fruits and vegetables and other foods high in fibre such as brown rice, oats, wholemeal breads, lentils and beans.



Limit unhealthy snacks and drinks which are high in sugar, unhealthy fats and salt. Unhealthy snacks leave less space for the healthy foods you need to boost your mood, energy levels, digestion, and sleep.

3. Stay Connected

Social connection is important for our mental health. Stay in touch with family and friends over the phone or online. Share your feelings with loved ones and trusted people from your community and invite them to share with you. Limit your visits with your family and friends. If you do visit, practice physical distancing and keep 1.5 metres apart, and maintain good personal hygiene. Don't visit if you're unwell.



4. Take a break from the news and social media

Social media can help you stay connected, but too much time can make us feel stressed. It's good to stay informed, but choose trusted sources of information, like the government.



5. Stick to a routine

Have a regular bedtime and meal times. Plan your day so you have time for household chores, connecting with others, activities you enjoy, and rest.



6. Monitor your mental health and wellbeing

It's really important to monitor your mental health and wellbeing. It is also good to be aware of family, friends and neighbours who may be worried or stressed. Things to look out for include difficulty concentrating, poor sleep, and feeling distressed or overwhelmed. These are signs that it's time to reach out.



7. Seek support

Don't be afraid to talk to someone if you are feeling stressed or anxious. Talk to friends and family about how you're feeling. You're not being a burden.



If you're feeling overwhelmed, you can talk to a trained counsellor any time, any day by calling the Coronavirus Mental Wellbeing Line: **1800 512 348**. For a free telephone interpreter call **131 450** and say the language you need. You can then ask the interpreter to connect you to the Coronavirus Mental Wellbeing Support Service.

If what you're going through is making it hard to get on with your daily life, contact your local General Practitioner (GP).

Adapted from Look after your Mental Health Australia, Mental Health Australia, March 2020



© NSW Health May 2020.



CANTEEN BAKING ROSTER



The P&C have come up with a plan to share the baking for the canteen between each year to help Toni Swain. Below is a roster where each year will be allocated a week to bake or make something fresh to be sold in the canteen. Please be mindful to make your contribution healthy (eg low in sugar, fat and salt) as we are required to adhere to strict 'Healthy Canteen' guidelines. For example you could make blueberry muffins, sushi, pikelets, banana bread or Anzac biscuits. You could also bring in any surplus mandarins, bananas or watermelon you have growing at home.

Please contact Toni if you need some ideas.

Thank you
P&C

YEAR	DATE
Kindy	Friday 4 th September
Year 1	Friday 11 th September
Year 2	Friday 18 th September
Year 3	Friday 25 th September
Term 4	
Year 4	Friday 16 th October
Year 5	Friday 23 rd October
Year 6	Friday 30 th October

**Year 6 parents turn to bake for Canteen this week
FRIDAY 30TH October**

Canteen Roster 2020			
Date	Special	Lunch 11am	Recess 1:20pm
Fri 23/10		Toni Swain	Toni Swain
Fri 30/10	Garden Vegetable Quiche	Toni Swain	Toni Swain
Fri 6/11	Sausage Sizzle	Toni Swain	Toni Swain



**Canteen Special Order this week is
Garden Vegetable Quiche (puff pastry) with side salad \$3.50**

Name: _____

