

Wednesday 25th March, 2020

Repton Public School

Newsletter – Term 1 Week 9

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Principal's Message

School Open: We only have a few families who are unable to keep their children at home due to work commitments. I appreciate the efforts of all our families who have rescheduled their lives during this time. The staff attempted to make contact with **all** families yesterday to figure out the best way to move forward with student learning. At the moment, these practices are in place at this stage until Easter holidays. Staff will be in touch and at work for the duration and accessible for our students. Most students are doing learning from home keeping a simple routine for their kids and completing simple literacy and numeracy tasks along with some creative developmental play. Teachers are providing work and are delivering printed copies where needed. Thank you to our dedicated staff for being so flexible so that no one misses out.

Wellbeing: I am thinking that while we are being industrious in regards to preparing online work for students based on the curriculum, we should also consider providing information and educational experiences that will support students' wellbeing. On page 4 is a coping calendar for you to look through to help look after yourself and each other. We are in this together. Let's keep communicating.

Have a safe week,

Mrs Kristy Glyde,
Principal

REPTON 2020

MARCH

25th Harmony Day- in school
28th Working Bee- Concrete path- **CANCELLED**

APRIL

10th Good Friday
25th ANZAC Day
27th Staff Development Day
28th Term 2 – Students Return Anzac Day Service

MAY

Thought of the Day

Thoughts are like organisms. They have distinct characteristics that can effect our mood, influence our behaviour, and multiply to take on a life of their own.



Clean your hands



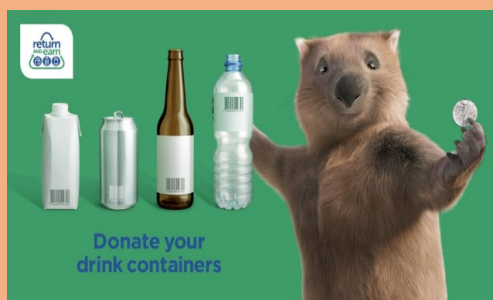
Cover your coughs and sneezes




Stay at home if sick

LEARNING AT HOME:

Teachers have been busy contacting families to find the best fit for each of our students. If you need anything please contact us. We do not expect parents to be teachers so please keep expectations realistic.



Return and Earn- Don't forget if you have any cans or bottles you wish to donate, you can send them in to school fundraising. We are hoping to fill it up by the end of the term!

FREE Learning Websites for kids 	
Switcheroo Zoo www.switchzoo.com Watch, listen and play games to learn all about animals.	Fun Brain www.funbrain.com Play games while practicing maths and reading skills.
Nat Geo for Kids www.kids.nationalgeographic.com Learn all about geography and fascinating animals	PBS Kids www.pbskids.org Learn with some fun and interesting television characters.
Behind the News www.abc.net.au/btn/ Listen to short reports - activities and questions included.	ABC Splash www.splash.abc.net.au Videos, games and information
Turtle Diary http://www.turlediary.com/ Games for literacy, maths, science and puzzles for Grades K-5.	ABCYA www.abcya.com Many topic areas for all levels of learning, organised by grade.
MR NUSSBAUM www.mrnussbaum.com A range of learning activities in many topic areas. Some games available in Arabic.	TOPMARKS www.topmarks.co.uk Easy to play games available in a range of topic areas.

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Kitchen



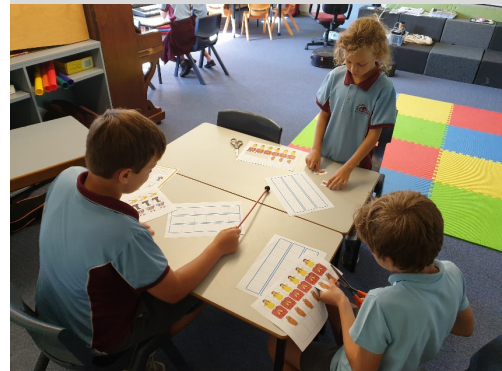
Minestrone Soup, Italian Flatbread and Labna were the delicious dishes prepared in the kitchen this week. The students worked with great enthusiasm and care. Well done Kookaburras!

Garden



Students learnt about seasonal planting this week. We then got busy (and dirty) weeding, building bamboo structures and planting snow pea and sugar snap pea seedlings. Lots of great team work!

Music



Our Emu group enjoyed music rotations this week, investigating musical patterns, practising rhythms and playing new instruments including the keyboard and piano! Well done, Emus!

K/1



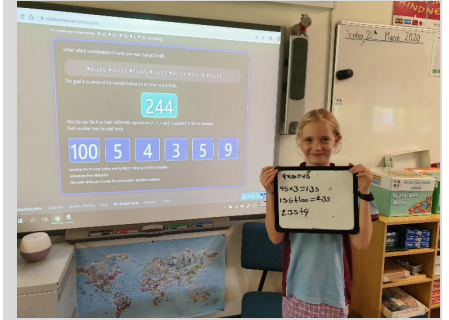
K/1 students have access to 2 fantastic online learning programs – Mathseeds and Reading Eggs. Students are being given their logon details to use whilst learning at home.

2/3/4



This week 2/3/4 had a new Commbank delivered and installed in our classroom. Teams of three enjoyed interactive writing and spelling games the minute it was operational. The learning possibilities are endless!

5/6



5/6 have shown incredible resilience in their learning recently. We love solving these Number Games and are learning to think of numbers in many different ways.

School Banking

Notice from CommBank School Banking

The health, safety and wellbeing of our communities and our people is our first priority. Due to the rapidly developing situation with coronavirus, School Banking has been temporarily paused from **20 March 2020** until the start of **Term 2**. Please don't bring your deposit book with your weekly banking into school and we will notify you when banking will recommence.



Canteen Roster



THERE WILL BE NO CANTEEN FOR THE REST OF TERM

Any enquiries PLEASE CALL - Toni Swain 0412 630 457

Down Syndrome Day: On Monday 23rd March Repton Public School students celebrated World Down syndrome day with an abundance of colourful socks.



HARMONY DAY 2020



Wellbeing Check



COPING CALENDAR: KEEP CALM. STAY WISE. BE KIND



30 actions to look after ourselves and each other as we face this global crisis together. Please use & share 🙌

- | | | | | | | |
|--|---|--|--|--|--|---|
| 1 Make a plan to help you keep calm and stay in contact | 2 Enjoy washing your hands. Remember all they do for you! | 3 Write down ten things you feel grateful for in life and why | 4 Stay hydrated, eat healthy food and boost your immune system | 5 Get active. Even if you're stuck indoors, move & stretch | 6 Contact a neighbour or friend and offer to help them | 7 Share what you are feeling and be willing to ask for help |
| 8 Take five minutes to sit still and breathe. Repeat regularly | 9 Call a loved one to catch up and really listen to them | 10 Get good sleep. No screens before bed or when waking up | 11 Notice five things that are beautiful in the world around you | 12 Immerse yourself in a new book, TV show or podcast | 13 Respond positively to everyone you interact with | 14 Play a game that you enjoyed when you were younger |
| 15 Make some progress on a project that matters to you | 16 Rediscover your favourite music that really lifts your spirits | 17 Learn something new or do something creative | 18 Find a fun way to do an extra 15 minutes of physical activity | 19 Do three acts of kindness to help others, however small | 20 Make time for self-care. Do something kind for yourself | 21 Send a letter or message to someone you can't be with |
| 22 Find positive stories in the news and share these with others | 23 Have a tech-free day. Stop scrolling and turn off the news | 24 Put your worries into perspective and try to let them go | 25 Look for the good in others and notice their strengths | 26 Take a small step towards an important goal | 27 Thank three people you're grateful to and tell them why | 28 Make a plan to meet up with others again later in the year |
| 29 Connect with nature. Breathe and notice life continuing | 30 Remember that all feelings and situations pass in time | <p>“Everything can be taken from us but one thing: the freedom to choose our attitude in any given set of circumstances” ~ Viktor Frankl</p> | | | | |



ACTION FOR HAPPINESS



www.actionforhappiness.org

Find out more about the Ten Keys to Happier Living, including books, guides, posters and more here: www.actionforhappiness.org/10-keys