Repton Public School Newsletter - Term 1 Week 4

Website: www.repton-p.schools.nsw.edu.au E-Mail: email: repton-p.school@det.nsw.edu.au





Principal's Message

<u>Problem Solving:</u> Our PBL focus this week was based on the need to problem solve effectively during times of conflict resolution. Our lessons focused on remaining calm, talking respectfully, identifying a problem, listening to others, agreeing on a suitable solution, then putting it into action. We have had opportunities to discuss various scenarios and maintained good positive choices.

<u>Belonging</u>: Our literacy theme across K-6 this term is Belonging. We are having discussions around how we belong to groups, cultures and communities. We have been sharing literary texts that display these themes also. Our writing focus is also based around Grammar and Punctuation. We are modelling and guiding our students to develop good sentence structures across the grades using capital letters, full stops, question marks, commas, apostrophes, exclamation marks, ellipsis and speech marks to enhance their writing skills.

Labelling: Please be sure to label all belongings that come to school. The lost property department often has lunchboxes, drink bottles, jumpers and hats unlabelled. New school hats without names are very hard to return to owners. Thanks.

Parent teacher meetings: Wednesday 4th March we will be welcoming all families to an afternoon tea to have a catch up with our staff. Opportunities for a personal interview will be available during these times from 3:30-5pm if you call Beverley on 66554201 to confirm a time.

<u>Homework:</u> Teachers have been finalising homework this week. Notes from class teachers will come home shortly.

Have a great week,

Mrs Kristy Glyde, Principal



REPTON 2020

FEBRUARY

20th District Swimming

MARCH

- 2nd Kindergarten Bus Safety
- 4th Debating Workshop
- 4th Meet the Teachers afternoon tea 3:30-5pm
- 4th P&C AGM 5pm
- 5th Library NSW visit
- 5th Big Vegie Crunch
- 6th Wellbeing incursion
- 6th School Performance Tours – Brilliant at Being Resilient
- 19–20th Yr 6 Leadership Camp
- 20th National Day Against Bullying
- 23rd Down Syndrome Day
- 25th Harmony Day

APRIL

| 9 TH | Easter Hat Parade | | |
|------------------|--------------------------|--|--|
| | Mad Hatters Tea Party | | |
| | Last Day Term 1 Students | | |
| 10 th | Good Friday | | |
| 25 th | ANZAC march Bellingen | | |
| 27 th | Staff Development Day | | |
| 28 th | Term 2 – Students Return | | |

Thought of the Day

Good problem-solving skills are the key to helping children manage their life. <u>Return and Earn-</u> Don't forget if you have any cans or bottles you wish to donate, you can send them in to school fundraising. We are hoping to fill it up by the end of the term!



State Library of NSW's FAR Out! Treasures to the Bush program 5th March, 2020 at the school

FAR Out! Is a free tour, made possible by the support of our sponsors, that brings original items from the State Library's collection to regional and remote NSW schools, weaving them into an interactive, curriculumlinked presentation. These objects are original, historical artefacts that very rarely leave the Library, and they are used to illustrate aspects of Australian history that link directly to the Stage 2 History and Geography syllabus.



We were lucky to have two NRL Stars visit our school last week. Cody from the Rabbitohs and Jasmine from the Roosters came to convey important messages that 'Inspire Respect' for ourselves and towards others. Students made excellent connections between these messages and our school values - Respectful, Responsible and Resilient. Well done Repton students!

Small Schools Swimming









Term 1– Week 4

K/1

K/1 have been working on estimating and counting collections of objects accurately

and systematically.

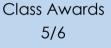
2/3/4 enjoy working together during mathematics, particularly when working out which everyday items will work best as informal measurement units.





5/6

5/6 have been learning about the Bellinger River and surrounding catchment area. We've also studied the endemic Bellinger River Snapping Turtle species and its place of 'Belonging' in our river.





Jeremy, Kirra & Riley T

Student Leader Awards



Esme, Kirra, Oliver, Valiant & Marley



2/3/4

Win Bin



Tommy, Coda & Arya



Bella, Lilah & Oliver

Classiest Class Award



K/1



Term 1 2020

| Date | Special | Lunch | Recess |
|----------|---------|--------------------------------|--------------------------------|
| | | 10.30 - 12.00 | 1.00 - 2.00 |
| Fri 21/2 | | Jo Fitzgerald/HELP NEEDED | ol |
| Fri 28/2 | | Norbette Nolan/Christine Monks | Norbette Nolan/Christine Monks |
| Fri 6/3 | | Cassie Huxley/HELP NEEDED | Cassie Huxley |
| Fri 13/3 | | Toni Swain/HELP NEEDED | Nina |
| Fri 20/3 | | Sean Hely/HELP NEEDED | Sean Hely |
| Fri 27/3 | | | |
| Fri 3/4 | | Norbette Nolan/HELP NEEDED | Cassie Huxley |

Lunch duties include setting up snacks, service and washing.

Recess duties include service, cleaning and preparing ice cups and fruit sticks for following week.

All canteen lunch orders will be made off site unless you would like to do all preparations – please advise Vanessa if you are doing this. You are welcome to bring in homemade items but please try and keep the sugar level down to ensure we meet "Healthy Canteen" guidelines. You can also more than welcome to run a "Special" that can be pre-ordered. If you'd like to know more about the guidelines please call Vanessa Garrett on 0411 399 032.

HELP IS NEEDED – PLEASE CALL - JO FITZGERALD 0408 823 299



RIVER ST, REPTON 2454 Pho Email: repton-p.school@e www.repton-pscho

Principal: Kristy Glyde

Ethics classes at Repton Public School

Dear Parents and Carers,

Could you be an Ethics Teacher at Repton Public School in 2020?

In ethics classes, children learn how to think logically, how to disagree respectfully and how to support their arguments with evidence. Children discuss topics such as:

- Fairness
 - Imagining how others feel
 - How should we treat living things?
 What is laziness?
 - How do we disagree in a respectful way?

We are always needing volunteers so that ethics classes can be made available for all families who have requested them. Ethics teachers facilitate discussions. A teaching background is not required. Full training is provided by Primary Ethics, the not-for-profit organisation approved to design curriculum and training for the ethics program. Training consists of a two-day workshop and short online modules. Lesson materials are provided.

An ethics teacher training workshop will be held locally in Term One 2020 on 22nd and 23rd February.

Suitable volunteers would have an interest in children's education and the development of thinking skills and need to be available on Fridays from 11:45 - 1:15 each week during school terms to teach a half hour class at Repton PS. A small amount of weekly preparation (printing and reading through lesson materials) is also required.

If you are looking for an opportunity to make a valuable contribution to our school, please visit <u>primaryethics.com.au</u> and/or contact John Gray, Primary Ethics Regional Manager, Coffs Harbour Bellingen Region, 04 22 333 238, email: <u>coffsbellingen-region@primaryethics.com.au</u>

Repton Public School



384 Crossmaglen Rd Crossmaglen NSW 2450 p 02 6653 4295 m 0436 646 844



Come join the Crossmaglen Public School Community and friends for an awesome outdoor cinema experience watching a family friendly movie under the stars!

Movie: Alice In Wonderland When: Friday 6th March, 2020 Where: Crossmaglen Public School

Food: P&C Sausage sizzle and snack shop

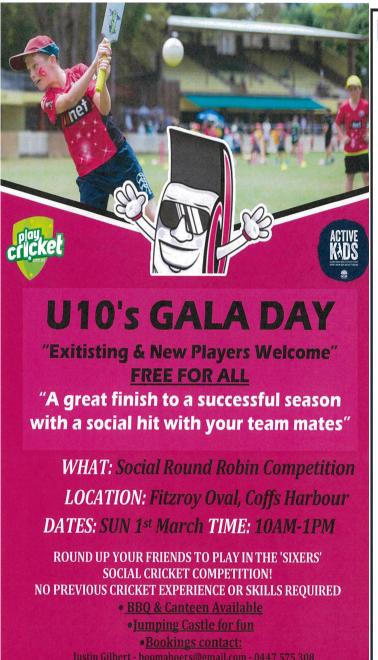
Cost: \$5.00 per ticket or \$20 for a family of 5 or more (tickets at the door

Time: 6pm to secure your spot- main event to start at 7pm

Bring your picnic blankets or camping chairs and please invite your friends.

P&C Association

PRESIDENT: ROSEY MELVILLE crossmaglen_pc@outlook.com crossmagle-p.school@det.nsw.edu.au www.crossmagle-p.schools.nsw.edu.au





ACTIVE KIDS VOUCHERS WELCOME

WHO: BOYS AND GIRLS AGED 4YRS TO 16 YRS



WHEN: SATURDAY MORNINGS WHERE: ALL GAMES AT THE HOCKEY COMPLEX, STADIUM DRIVE, COFFS Registrations being taken now. For further information contact Rhonda Smith 0457271071, Kristy Bourke 0428520390 or urungahockey@gmail.com ALL NEW PLAYERS RECEIVE A FREE STICK PACK OR EQUIVALENT TOWARDS A STICK OF THEIR CHOICE.

FREE SKILLS/COME AND TRY SESSIONS Sat, 22nd February & Sat, 21st March 9am-10:15am Minkeys 4yrs- 11yrs 10:30am – 11:45am 13yrs -16yrs

FREE SAUSAGE SIZZLE AFTER BOTH SESSIONS Hockey Complex, Stadium Drive, Coffs Harbour New players welcome! Existing players bring a friend and join the fun.

Bellingen Football Club has been accepting registrations for the 2020 season since the start of February. Teams are filling up fast and training will begin in early March. If you are intending to register now is the time! Register at <u>https://www.playfootball.com.au/register</u> Information Bellingen Football Club on Facebook @bellingenfc or <u>http://bellingenfc.com.au</u> Dear Parent/Carer,



Your child has expressed an interest in learning a musical instrument!

We hope to begin tutoring privately at Repton Public once a week. Collectively we can teach violin, clarinet, saxophone and trombone. Typically lessons are half an hour in length, and cost \$20.

If you are interested, please feel free to contact us to discuss instrument hire and lesson fees. We'd love to hear from you!

For clarinet and saxophone: Bill Hart Ph: 0474 651 953 Email: billhart456@gmail.com

For violin and trombone: Rosie Stephen Ph: 0402653633 Email: rosabella.stephen@education.nsw.gov.au







Starting with small steps

Children spend one third of their day at school so their lunch box should include one third of their nutrient needs. The lunch box is a tool for setting up healthy eating habits for life, so it is really important to think about all the foods that are packed in the lunch box. Remember every little bit counts. Small steps can make a big difference.

- Eating vegies through the day is the simplest way to reach the recommended number of serves. Include at least two serves in the lunch box, for example salad at lunch and some carrot sticks as a snack.
- Snack time is a great time to include fruit and vegies in the lunch box, such as cherry tomatoes, celery sticks with cream cheese and sultanas, or salad vegies on crispbread.
- Children need healthy snacks between main meals because they have small stomachs and require small amounts of food more frequently than adults.
- Serve fruit and veg in different ways: chop fruit in to small pieces; serve raw vegie sticks with a veg or yoghurt-based dip; pack salad for lunch; or add fruit and veg to baked goods such as muffins or pikelets.
- For small appetites or younger children, pack smaller serves, cut up sandwiches into quarters and chop up fruit.
- Plant some vegies or herbs at home for kids to pick and pack in the lunch box.
- It is ok to say "no" to requests for junk food such as lollies, chocolate, cakes, sweet biscuits, chips and juice poppers, in the lunch box. These foods are high in fat, sugar and salt. Eating too many of these foods leads to being overweight or obese. They also displace the healthy options that kids need to provide nutrients to learn and play at school. Try these healthy swaps.
- Be a positive role model and eat fruit and veg in front of your kids. It will make them more likely to eat and enjoy fruit and veg too.
- Don't try too much at once make one change and let your child get used to it before introducing other new items in the lunch box.
- Try new foods at home after school before packing in the lunch box.
- Kids need a serve of protein at lunch time so ensure you include lean meat, canned salmon or tuna, egg, beans, lentils, chickpeas or tofu.