Repton Public School

Newsletter - Term 4 Week 7

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Principal's Message

<u>Professional Collaboration:</u> Yesterday, all teachers gathered to compare student work samples to assess with consistent judgement of all students. We ensure all assessment practices are fair and equitable for our students so they can show how far they have come in their learning this year. Reports will be sent home in Week 9 sharing some of the successes in learning your child has achieved.

<u>Public Speaking:</u> What a pleasure it was to see our finalists perform on Thursday. I am so proud of all the speakers and it was great to have the support of family and friends.

<u>High school orientation:</u> Today our Year 6 students visit the high school again for a fun Maths day. They are looking forward to the end of year fun and the adventures that come with high school.

<u>Swim Scheme</u>: Unfortunately, our swim school has been cancelled for this year. We have sent home a note to request further information regarding refunds.

<u>Earn and Learn/Rebel Sports:</u> Teachers were overwhelmed with "Maths gifts" and "sporting delights" this week as our Woolworths Earn and Learn prizes came in. We also were given our rewards point from Rebel Sports which has boosted our equipment and now to sort out the sports shed!!

Youth leaders: Anyone who can make it to the Bellingen Growers market this afternoon will see some of our students taking the media by storm with their ideas around PM Pancake. Well done Leaders!

Have a good week,

Mrs Kristy Glyde, Principal

REPTON 2019

NOVEMBER

29th BHS All schools Transition for Yr 6

DECEMBER

2nd BHS parent info evening

14th Saturday Bunnings BBQ

16th Presentation Day 1:30pm

17th Year 6 Farewell dinner/ Disco

18th Big Banana Fun day Last Day Term for students

19th Staff Development Day

JANUARY 2020

29TH Students Return Term 1 31st Kindergarten Students start

Thought of the Day

The youth of today are the leaders of tomorrow!

Term 4 – Week 7 - 1 -

This Week in Classes

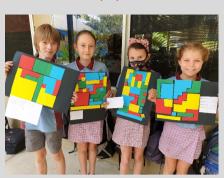
K/1

K/1 have been avoiding the smoke, having fun and getting fit doing lots of dance for fitness. 2/3/4



Sharing writing is a powerful and often entertaining exercise in 2/3/4. Students enjoy the opportunity to identify writing strengths and offer ideas to develop each other's writing skills.

4/5/6



4/5/6 have been creating artworks and describing their mathematical properties, looking at fractions, percentages and decimals. These Mondrian inspired artworks were tricky to put together. Great perseverance 4/5/6!

Student Speech Awards





Term 4 – Week 7

Return and Earn- Don't forget if you have any cans or bottles you wish to donate, you can send them in to school fundraising. We are hoping to fill it up by the end of the term!





Health Warning

Hand Foot and Mouth Disease

Time from exposure to illness – 3 to 5 days

Symptoms – Mild illness, perhaps with a fever, blisters around the mouth, on the hands and feet, and perhaps the nappy area.

Do I need to keep my child home? – Yes until the blisters have dried.

How can I prevent spread? – Careful hand washing especially after wiping nose, using the toilet and changing nappies.



Term 4 2019

Date		Lunch 10.30 – 12.00	Recess 1.00 – 2.00
Fri 29 Nov	Chinese Chicken & Rice \$2	Vanessa Garrett	
Fri 6 Dec		Toni Swain/HELP NEEDED	Vanessa Garrett
Fri 13 Dec		Norbette Nolan/HELP NEEDED	Norbette Nolan

NOTE: SPECIAL - Chinese Chicken & Rice \$2.00

Lunch duties include setting up snacks, service and washing.

Recess duties include service, cleaning and preparing ice cups and fruit sticks for following week.

All canteen lunch orders will be made off site unless you would like to do all preparations – please advise Vanessa if you are doing this. You are welcome to bring in homemade items but please try and keep the sugar level down to ensure we meet "Healthy Canteen" guidelines. You can also more than welcome to run a "Special" that can be pre-ordered. If you'd like to know more about the guidelines please call Vanessa Garrett on 0411 399 032.

HELP IS NEEDED - PLEASE CALL - JO FITZGERALD 0408 823 299

Term 4 – Week 7



PRODUCE TABLE EVERY TUESDAY

Students sell produce they have grown at school on a Produce table every Tuesday. We would like to add to this with surplus produce from outside the school that you may be willing to bring in.

SALE THIS WEEK - Succulents \$2.00 / Hippy astrums \$2.00 bulb / Turmeric \$1.00 /Silver beet \$1.00

Bellingen High School Year 7 2020 Orientation Days

Friday 29 November 2019 - All Schools (9:00am - 3:09pm)

Monday 2 December 2019 - Parent Information Evening (5:30pm -7:00pm)

The small schools orientation day is for students from Orama, Raleigh, Repton and St Mary's. All students will attend the All Schools Day. A range of activities are planned to assist with the transition of students from primary school. Should you require any further information, please contact Bellingen High School on 6655 1315 or email bellingen-h.school@det.nsw.edu.au.





The Bunnings BBQ is on 14th of December we are serving sausages from 9-4 however are looking for volunteers from 7am-4.30pm. Please contact Jessie Harradine or call the school with the times you can help.









Vegie pasta soup *NEW*

Serves: 6 Preparation time: 15 minutes Cooking time: 30 minutes

Ingredients

- 1 tbsp olive oil
- 1 large brown onion, diced
- 1 tsp dried Italian herbs
- 2 garlic cloves, crushed
- 3 medium potatoes, peeled & diced
- 2 carrots, diced
- 2 celery sticks, diced
- 1 large zucchini, halved, cut diagonally 1cm thick
- 1.5L reduced-salt chicken or vegetable stock
- 1 cup pasta, preferably wholemeal

Method

Heat oil in a large saucepan over medium heat. Add the onion and herbs and cook for 3 minutes until it starts to soften. Add the garlic and cook for 1 minute.

Add the vegetables and stir through. Stir in the stock, bring to the boil and reduce heat to low. Simmer uncovered for 10 minutes. Add pasta and cook for approximately 10 minutes or until the vegetables are soft and the pasta is cooked through. Add more water if required.

Tip: For older children send leftovers to school in a thermos

Vegetable pasta bake *NEW*

Serves: 4 Preparation time: 10 minutes Cooking time: 30 minutes

Ingredients

200g penne pasta (or similar), preferably wholemeal

1 tsp olive oil

Olive oil spray

- 1 red onion, diced
- 3 cloves garlic, crushed
- 2 zucchinis, chopped
- 1 cup mushrooms, chopped
- 1 red capsicum, deseeded & chopped
- 1 yellow capsicum, deseeded & chopped 500g iar tomato-based pasta sauce
- 1 tsp dried Italian herbs
- 50g wholemeal breadcrumbs
- 50g mozzarella, grated

Method

Preheat oven to 200° C. Spray a 30×25 cm baking dish with oil. Cook the pasta to the directions on pack. Drain and place in the baking dish, tossing in a little olive oil to stop it sticking together.

Heat a large non-stick frypan over medium-high heat. Spray with olive oil and cook the onion, garlic, vegetables and herbs until soft.

Add the pasta sauce, stir and cook for 2 minutes. Pour over the pasta and gently mix through. Add a touch of water if the mix needs to be loosened.

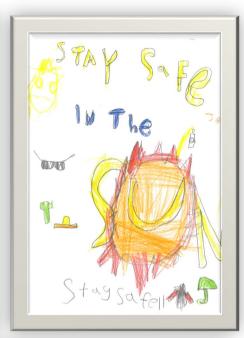
Top with wholemeal breadcrumbs and sprinkle with mozzarella. Bake for 15-20 minutes until cooked through and golden on top.

Term 4 – Week 7 - 4 -

K/1 Sunsafe Posters

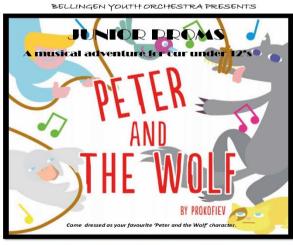












A classic tale & musical symphony for children: Narrated by Elizabeth Scott Saturday 7th December Bellingen Memorial Hall Session times: 10:00am & 11:15am

Bellingen Youth Orchestra presents HE DROMS





Refreshments and light meals available for purchase prior to session start times and during intermission



Proceeds to Bellingen Youth Orchestra. EVENTBRITE 'The Proms-Music to delight all ages'.





2019 CHRISTMAS ******VACATION CARE PROGRAM

Thurs 19 Dec 2019 to Tues 28 Jan 2020

CONTACT INFORMATION

Ph 0466 306 220 or 6658 9757

Email: admin@communityoosh.com.au
Website: www@communityoosh.com.au

Office Hours: 8:30am to 4:30pm

Before School, After School & Vacation Care for the North Coast

In a world gone mad with rules & regulations, we help kids be kids

HOURS OF OPERATION 7.00am – 6.00pm MONDAY TO FRIDAY During School Holidays & Pupil Free days

On all excursions children will leave centre at approx. **9:00am** and return approx. **4.30pm**. Transportation is provided in our bus or van depending on bookings.

Risk Assessments available upon request.

"WHAT TO BRING EVERYDAY"

Hat, sunscreen, sun/rash shirts appropriate footwear, plenty to eat and drink (a refillable water bottle), warm clothes and socks in winter and swimmers, swim aids (if required) towel, plastic bag in summer. Phones, Ipods, tablets and digital communication devices are prohibited. Please label all clothes. Spending money is optional!

BOOKINGS ARE ESSENTIAL FOR VACATION CARE & CAN BE COMPLETED ON OUR WEBSITE VIA THE VACATION CARE TAB

Via our website at www.communityoosh.com.au

Alternatively, you can complete a paper booking form found at your centre and hand it to one of the educators

VACATION CARE BOOKINGS CANNOT BE TAKEN OVER THE PHONE OR BY TEXT MESSAGE. OUTSTANDING ACCOUNTS MUST BE PAID PRIOR TO BOOKINGS BEING ACCEPTED.

Your booking requests will be confirmed by either a text or email. Please check that you receive the confirmation from us within 2 working days of submitting.

FEES: Depending on the Child Care Subsidy (CCS) and activity hours a parent is entitled too, the out of pocket costs to parents can range from a few dollars to the full rate shown below. To find out more about the Child Care Subsidy please visit at https://www.education.gov.au/ChildCarePackage The table below shows the full fee with no Child Care Subsidy along with an example of the out of pocket expense where the highest rate of Child Care Subsidy is applied.

Your fee will vary depending on your own CCS rate and activity hours you receive. Unlike some providers, Community OOSH Services strive to put you and your children first, providing the highest quality care for the lowest possible price. Please note excursions are at an additional cost shown on the next page and these costs will have your CCS % applied to substantially reduce excursion costs.

2019 Fee Structure at Full Rate before application of any CCS %	ore the	Example of Approximate out of pocket expenses at 85% CCS	
Vacation Care	\$55	Vacation Care	\$11
Sample Additional Excursion Cost	\$15	Sample Excursion CCS Applied	\$3

PUPIL FREE DAY
EXCURSION
LOCAL POOL

A lazy day of fun to end the summer holidays before we go back to school. Today we'll join all our friends from our other centres for a lazy day of fun to end the summer holidays before we go back to school. (Parents, children will be closely marked, tagged and monitored for swimming ability and areas to swim. EXCURSION COST \$10

Term 4 - week /

Fun Factory Program

WELCOME to another long hot summer of fun at Community OOSH! A plethora of arts, crafts, games, water activities, excursions and educational experiences awaits. Again for me the highlight is, as always, that WE HAVE THE JETTY CARNIVAL TO OURSELVES AGAIN!!! It's without a doubt, rated the best excursion each summer and will save you hundreds of dollars! Even more great news is that New Kindies can start in January and get a great head start on school! SO PLEASE....sort yourself out and act quickly to book your days as soon as possible. The quality and affordability of our Holiday Program has seen us at times, "booked out" at various centres. Please book on line or return your forms ASAP to avoid disappointment. And finally a THANK YOU! This is one of the only chances we get to publicly thank the every day heroes of the NSW Rural Fire Service and all their Volunteers. While we play, you save our day, and we all should be very grateful! Well done guys! Have a safe and happy Christmas!

THURS 19 DEC

EXCURSION- MOVIES "FROZEN II"

If you think the first one gave you CHILLS, wait 'til you

we'll head off to the reserve for

a picnic and a swim! COST \$15

(\$7 popcorn & drink deal optional)

see this one! Join our old friends Elsa, Anna, Kristoff, Olaf and Sven on their quest to save the Kingdom once again! THEN

FRI

EXCURSION CARNIVAL CAPERS 20 DEC

WOW!!! Start the holidays with a bang! The Jetty Carnival is

back and is open today just for us! In the morning it's a swim and a splash at the Jetty and then in the arvo get ready for fun, laughter and unlimited rides 'cause its CARNIVAL TIME! **EXCURSION COST \$15**

MON 23 DEC

IN CENTRE "JUST ADD WATER!" 70% of the earth's surface is covered in

it! 85% of your body is made up of it! We know we have to look after it.....BUT... We also know how to have fun with

it! Wet & wild fun with water bombs. water pistols, slip & slides, giant bubbles & more!



IN CENTRE 24 DEC

CHRISTMAS CAPERS "'Twas the night before Christmas and all through

the house." Ok., Ok., You know the drill The fat old bloke in the red suit is coming tonight and it's our job to run the leas off you & make you tired so you go to bed early!!!Loads of last minute Christmas crafts, cooking, presents ideas, games and fun!



CHRISTMAS DAY **PUBLIC HOLIDAY CLOSED TODAY**

werry Christmas



THURS 26 DEC BOXING DAY **PUBLIC HOLIDAY CLOSED TODAY**

27 DEC

EXCURSION PCYC ONLY
"MAGICAL MYSTERY

TOUR" Join us on the ultimate scavenger hunt to exotic places and locations ? unknown! (well I do know, but it's a secret!) AND...if I tell you then it wouldn't be a Mystery!) I CAN tell you that it's going to be great fun with great prizes and hot chip sandwiches for lunch. Too good! COST \$6



EXCURSION PCYC ONLY COFFS POOL

The Coffs Harbour Pool, and "the Buccaneer!" are beckoning us on a sunny summers day! So come along for a glorious day of wet and wild fun as we swim, splash and

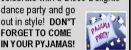
EXCURSION COST \$10

TUES 31 DEC

IN CENTRE PCYC ONLY. "GOODBYE,

REWELL & AMEN 2019

A pyjama party with a difference today as we look at, and have fun with, the highs and the lows of the year as we help 'put 2019 to bed!" Then, we'll celebrate with a Disco Delights dance party and go out in style! DON"T



WED **NEW YEARS DAY PUBLIC HOLIDAY** 01 JAN **CLOSED TODAY**

HAPPY new year



IN CENTRE THURS 02 JAN TIME WARP

know some of you with attitude say that the subject of HISTORY is "SO YESTERDAY!" and your probably right! BUT...it's also can be great fun! Climb aboard the OOSH Time Machine for fun & games as we relive and re-

enact the moments that changed the world



EXCURSION CARNIVAL CAPERS By popular demand,

the Jetty Carnival is again opening in the afternoon JUST FOR US!!! We're going to have the best rides all to ourselves!!! So bring your swimmers for a splash and a swim at the jetty in the morning then in the arvo its

"Carnival here we come!" **EXCURSION COST \$15**



IN CENTRE "SKILLED FOR LIFE!" In our modern world

where "Google is your friend" and technology does everything for you, we thought it's time to get you back to basics! Be it commanding the kitchen or the tricks of the trade on the tools today we're teaching you to "FEND FOR YOURSELF!"



EXCURSION THE RAINFOREST RATTLER TRAIN RIDE



FORGET TO COME

Step back in time today to the year 1923

for some "rockin', rollin', ridin'" good fun. Climb aboard the Coffs Coast's equivalent of the Hogwart's Express! Bring swimmers and a picnic lunch and your day is done! COST \$15



EXCURSION SPRING LOADED Rock climbing,

sponge pits, trampolining, and the ultimate Ninja 'wipe-out" obstacle course! THEN a picnic lunch at Boambee reserve with fun. games and a swim in the summer sunshine! EXCURSION

THURS 09 JAN

EXCURSION SURFIN SAFARI SURF SCHOOL It's back to school

today, to learn how to Hang 5, 10 & even 20 (if you're really clever!) Essentials skills for the Australian lifestyle! We'll spend the day at the Jetty foreshores learning to surf, playing & having fun. Life's tough! COST \$ 15

FRI 10 JAN

IN CENTRE SPY vs SPY" Pssssst ,come here!



No....come closer! I've got to tell you a secret that you can't tell ANYONE else! Promise? Ok.... (you're going to have fun today!!!!) From secret codes to invisible ink, welcome to the deep dark world of espionage!

MON 13 JAN EXCURSION- MOVIES "SPIES IN DISGUISE"

Join super spy, Lance Stirling today as he does some serious super sleuthing to save the world from the clutches of a "cybernetic madman!" THEN

we'll head off to the reserve for a picnic and a swim!

COST \$15 (\$7 popcorn & drink deal optional) **EXCURSION - MOVIES** "DOLITTLE"

but this is a movie!

his animal friends as they are called upon to save his "Queen and Country! "THEN we'll head off to the reserve for a picnic and a swim! COST \$15 (\$7 popcorn & drink deal optional)

FRI 14 JAN

IN CENTRE TOP HAT TRICKS Get ready for some

mind blowing magic today as peek behind the curtain of the mystical world of magic and teach you the "tricks of the trade" that will have your friends and family gasping in awe and make you the life of

15 JAN

COST \$15

EXCURSION LASER TAG We are off to laser

LASER tag at the Big FORCE Banana today! Your mission, (should you

decide to accept it) is to save the universe. Afterwards, we wi head to a beach reserve for a play and a swim (Optional \$2 lolly bags available from The Candy Kitchen) EXCURSION COST \$15

THURS 16 JAN

EXCURSION 'CARNIVAL CAPERSI' IT'S THE LAST CHANCE BEFORE THEY'RE GONE

FOR ANOTHER YEAR!!! Rated the best "value for money excursion of the year the Jetty Carnival is again opening only for us!!! So bring your swimmers for a splash and a swim at the jetty in the morning then it's Carnival here we come!
EXCURSION COST \$15

FRI 17 JAN

IN CENTRE 'GLOBE TROTTERS" It's a fact that you can

reach anywhere in the world within 24 hours! A host of games and gastric delights from the four corners of the globe awaits you today as we set out to discover and sample the best (and worst) of our weird and wonderful world



I know this is what your parents think you do everyday

Join the delightful Doctor and



every party!

EXCURSION WATER PARK Summer is in full

swing and a day of slip, sliding fun awaits at our favourite Big Banana Water slides. (Optional \$2 lolly bags available from The Candy Kitchen) A picnic lunch at the beach reserve tops off a

great day of fun! EXCURSION **COST \$15**



EXCURSION CANOEING

Our friends at "Bellingen Canoe Adventures" have a fantastic day planned for us - canoeing in the Bellingen River and a swim at the local pool. Parents please note - This activity is extremely safe and all kids wear

life jackets. **EXCURSION COST \$15** THURS **23 JAN**

sunshine!

COST \$15

EXCURSION

EXCURSION SPRING LOADED Rock climbing,

sponge pits, trampolining, and the ultimate Ninja "wipe-out" obstacle course! THEN a picnic the lunch at

Boambee reserve with fun, games and a swim in the summer

24 JAN

IN CENTRE AUSTRALIA FAÍR"

They call it "the Lucky Country" for a reason, and there's nothing wrong with standing up, taking pride, being grateful for what we've got and celebrating ourselves as a nation! Heaps of Aussie games , cockroach races, test matches and & lots of prizes. PLUS, for lunch we'll chuck a snag on the barbie!

Term 4 – Week 7

Term 4 update

School Banking newsletter.

Let's talk about pocket money

Giving your child pocket money is a great way to teach them practical money skills. Here, we've created a fun activity sheet for kids that looks at earning pocket money and how to manage it using the three money buckets approach. We hope it helps you start a conversation about the value of money with your child.

Pru's pocket money puzzle

Pru spent a busy week doing jobs on the ice base camp and wants to know how much pocket money she's earned. Can you help her?

If Pru fed the baby harp seals, sorted out the recycling from the rubbish and tidied up base camp, how much pocket money did she earn?

Pru's jobs list

Feed the baby harp seals

\$2

Sort out the recycling from the rubbish

ne rubbish

Tidy up base camp 50¢

Addy's money buckets

Follow the string to work out how much pocket money Addy saves, spends and gives.



Polar adventure



How much pocket money did Pru earn?

Term 4 Polar Savers rewards

When your child makes 10 deposits with School Banking, they can redeem one of our Polar Savers rewards. Term 4 rewards are available now, while stocks last.



Water Skimming Bounce Ball



Polar Pencils and Pencil Toppers

Any questions about the School Banking program? Talk to your School Banking Co-ordinator or visit **commbank.com.au/schoolbanking**

Commonwealth Bank of Australia ABN 48 123 123 124.

Answers: Pru's pocket money puzzle = \$3. Addy's money buckets = \$3 Save, \$1.50 Spend, 50¢ Give.

