Repton Public School

Newsletter - Term 4 Week 9

Website:www.repton-p.schools.nsw.edu.auE-Mail:repton-p.school@det.nsw.edu.au



Principal's Message

Swim school has been such a success with our students learning new skills every day. Many thanks to our staff and students for showing resilience learning new skills and displaying responsible behaviour in taking care of your belongings.

Staffing changes will be occurring next year and I am busy trying to find the best teachers for our school. At this stage, Mrs Lemmes will be teaching K/1 in 2019. We will have a new permanent and temporary teacher for our 2/3/4 and 4/5/6 classes. I will be teaching a literacy session again every morning in a '4 class' structure and teaching library & specialist RFF sessions for all classes twice a week. This will give me an opportunity to work with every teacher and student in the school and have our classes run with consistency.

Literacy and Numeracy will continue to be a focus in our school next year as we help all individual students strive to set personal goals and show improvement. PBL is our main focus for student wellbeing as we aim to support our students to become responsible, respectful and resilient. We will strive to support individual interests and skills in music, choir, environmental education, sport, arts and promote healthy lifestyles.

We will begin the new year with a Swimming Carnival so please encourage your child to be prepared for this in the first weeks of school. We are always welcoming of volunteers for these events too.

Our Kitchen/Garden program will also continue next year and we are looking for more volunteers to make this program continue to improve. If you are available to help in the Kitchen with the students on Tuesdays from 11:45am till 1:25pm, please come and see us in the office.

Mrs Kristy Glyde Principal

Thought of the Day

To fight for change tomorrow, we need to build resilience today. ~Sheryl Sandberg



T: 66554201 F: 66554570



December

3-14 th	Swimming scheme (2 Weeks)
13 th	Canteen Meeting 5:30pm
	All welcome
17 th	Presentation Day 1:30pm
17 th	Yr 6 Farewell Dinner/Dance
	Yr 6 Raffle to be drawn
19 th	Students last day -
	Big Banana fun park

2019

January

30th Students Return to school

February

1 st	Kindergarten students start
	school
6 th	P&CAGM









WHOOPING COUGH - PERTUSSIS

We have had a number of confirmed cases of whooping cough (Pertussis) being reported in our area. If your child is diagnosed with Whooping Cough, they need to be excluded from school until they have had antibiotics for 5 days. For more information, follow these links:

http://www.health.nsw.gov.au/Infectious/ whoopingcough/Pages/default.aspx

http://www.health.nsw.gov.au/Infectious/ factsheets/Factsheets/pertussis.pdf





Keep those bottle tops coming in

Students will be

doing an art project using plastic bottle tops. Please send any plastic bottle tops that you have to the school office.

Return and Earn

Our school will now be collecting plastic bottles, cans and glass bottles to earn 10c per container and help reduce waste in our environment. If you would like to donate your empties to our school, please send into the collection bin.

URGENT-

There is NO CANTEEN for the rest of 2018. Have a wonderful break - from all at Canteen. Anyone interested can come to the meeting this Thursday at 5:30pm to discuss 2019.

Term 4 – Week 09

Swimming Scheme









North Coast Public Health Covering both Mid North Coast & Northern NSW Local Health Districts Thursday, 29 November 2018

Dear Parent/Carer

RE: PERTUSSIS (WHOOPING COUGH)

The North Coast Public Health Unit (Port Macquarie) has been notified of a student diagnosed with whooping cough who attends **Bellingen Public School**. Whooping cough (Pertussis) is a bacterial respiratory infection that is spread through close contact when a person coughs. Whooping cough can be serious in young children particularly those aged less than two years.

Please be on the lookout for symptoms of whooping cough:

- A mild or persistent cough in the late afternoon or early evening greater than three days
- Runny nose, followed by a cough, which becomes worse (older children and adults may have only a cough that can last for several months)
- A cough that occurs in spasms, which may be followed by vomiting
- A cough with a 'whoop' (a sudden noisy gasp at the end of coughing)

In order to prevent further cases, if your child or any member of your family has symptoms of whooping cough as described above, please see your local doctor and take this notice with you. If you are well there is no need to see a doctor or to be tested.

If your doctor diagnoses whooping cough in its early infectious stage (within 3 weeks of the cough starting), please notify the school office and keep your child at home until they have taken 5 days of antibiotics.

Immunisation reduces the risk of infection, however the vaccine does not give lifelong protection, and reinfection can occur. The vaccine is provided free of charge for infants at 2, 4 and 6 months, 18 months and again at 4 years (the first dose can be given as early as 6 weeks of age). Please check that your child has received their primary course. If your child has not been fully immunised, discuss a catch-up plan with your doctor. A further dose of whooping cough vaccine is offered through high schools in Year 7.

If you would like further information on whooping cough, please visit the website <u>http://www.health.nsw.gov.au/Infectious/factsheets/Factsheets/whooping-cough-pertussis.pdf</u> or contact Michele Greenwood (Clinical Nurse Consultant) at the North Coast Public Health Unit 1300 066 055.

Thank you

89%

Dr Jane Jelfs I Public Health Officer Communicable Diseases and Surveillance

North Coast Public Health (Covering both MNC and NNSW Local Health Districts) Hosted by Mid North Coast Local Health Districts AND 37 946 356 659 Morton Street, Port Manquarie NSW 2444 PC Box 126, Port Manquarie NSW 2444 PC Box 126, Port Manquarie NSW 2444 PC Box 126, Port Manquarie NSW 2444 Strei (02) 6588 2750 Fax (02) 6588 259 Website http://mncltd.health.cov.ar/audu/fnorth-cost-ard/stic-health/



SECRET SANTA

At Repton Public School we like to include everyone in the festive season by each purchasing a gift for another student as a "Secret Santa". Please bring this gift, no greater than \$10 value, to school with only the name of the student receiving. Place under the tree in the classrooms and these will be handed out on Monday 17th December. If you wish for your child NOT to participate, please see your child's class teacher ASAP.



Summer school holidays mean daily routines are thrown out the door as we all relax, rest and recharge. Different play locations and holiday destinations mean changed traffic environments and different safety concerns to what we're usually used to.

To help keep our children safe, families need to do the following:

- 1. point out the traffic environment differences and dangers
 - roads, footpaths, parks, car parks and bike tracks can look very different in holiday areas or maybe totally foreign, especially if going overseas for your holidays.





2. actively supervise children at all times

• hold their hand if they're young and monitor where all your children are, even if they're older.

3. teach children about being a safe road user

- talk with and show your children how to be road safe every time you are out and about
- chat about the safe decisions you make, and if appropriate, allow them to make some of these decisions, with you ready to step in and take over if they make an unsafe one
- challenge your children to say what they'd do in different traffic environment situations.

4. stop, look, listen, think every time you cross the road.

- a child aged 8 years or younger needs to have their hand held when walking near or across roads as they haven't yet developed the senses to do this on their own
- up until at least 10 years old supervise them closely because when routines are relaxed children can often be overly excited and not thinking about being safe.

5. it's the law that everyone wears a helmet when riding a bike in a public place

- it makes good sense to wear a helmet when riding scooters and skateboards too!
- and it also makes good sense to wear a helmet when riding a bike, scooter or skateboard in your front yard, back yard or driveway. That includes you too Mum and Dad, Auntie and Uncle, Grandma and Grandpa!

6. click clack front 'n back every person for every trip, i.e, clip every trip

- don't start the car until everyone is buckled up properly. That includes ensuring children are in the right child restraint for their age and size.
- safe travelling in the car on long distances means taking a break every two hours. Give your children fun things to do in the car so they don't distract the driver.
- if using a different car while on holidays check you've installed and secured the child restraint correctly. Children sitting in improperly fitted restraints can suffer serious injury and/or death in a road crash so if you're not sure locate the nearest <u>authorised restraint fitting station or else call Service</u> <u>NSW to find one for you, on 13 77 88.</u>

Give these key road safety messages to others who may be caring for your children while on holidays: grandparents, aunts, uncles, other family members and friends.

Take care and have a great holiday together.