## **Repton Public School**

#### Newsletter – Term 4 Week 1

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#### Principal's Message

Welcome back to our staff, students and community from what sounds like a great break before a busy term. Over the break the school had its playgrounds open to the community again and over the watchful eye of security guards, children were able to play in a safe and familiar environment. This program will continue next holiday period also.

The teachers were busy planning and preparing for many different activities this term specifically related to sustainability. We will integrate this theme across learning areas including English, Mathematics, Science, Geography, Creative arts, and technology. How can we be more sustainable? What can we recycle? Reduce our waste? Reuse our materials? We look forward to creating inquiring minds that care for and understand our environments.

We have a STEM kit on loan this term with a green screen and film making kit. We look forward to learning with this new technology across K-6.

We are conducting our annual Tell Them From Me survey currently. We appreciate your participation in completing this Parent survey online by 26<sup>th</sup> October.

#### http://nsw.tellthemfromme.com/j3ffc

Have a great week,

Mrs Kristy Glyde Principal

#### Thought of the Day

We make the world we live in and shape our own environment. ~ Orison Marden



PUBLIC SCHOOL Excellence Opportunity Success

#### **Upcoming Events**

#### October

17th	P&C Meeting 5:30 Sta	affroom
17		

- 18<sup>th</sup> Eddie Woo Bellingen PS
- 24th-26th Cascade Camp Yr 4-6
- 27<sup>th</sup> P&C School Garden Working Bee Saturday 8am-12pm
- 15<sup>th</sup> Grandparents Day 1pm-2:15pm
- 31st STAR Program 9am-12pm

#### November

7 <sup>th</sup>	STAR Program 9am-12pm	
14 <sup>th</sup>	STAR Program 9am-12pm	
21 <sup>st</sup>	STAR Program – all day	
21 <sup>st</sup>	Parent Session – 9am-11am	
	For 2018 Kindy Parents	
23 <sup>rd</sup>	Yr6-7 Small Schools	
	Orientation	
26 <sup>th</sup>	Swimming scheme (2 Weeks)	
28 <sup>th</sup>	STAR Program – all day	
30 <sup>th</sup>	Yr6-7 All Schools Orientation	
December		
17 <sup>th</sup>	Presentation Day 1:30pm	
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19 <sup>th</sup>	Students last day- Big
	Banana fun park

Taking Kindergarten Enrolments Now! Please contact the office on

66554201

#### This Week in Classes



This term, students in K1 will be investigating our place in this world, developing an appreciation for nature, and designing ways to minimise our impact on the environment.

#### 1/2/3



This term, students are learning about sustainability and investigating how their actions affect the environment.





This term students have begun a big filming project. Working towards making a news report students have been busy preparing reports.

#### Positive Behaviour for Learning

Welcome back for the last term of the year. I hope everyone had a safe and happy holiday. Our focus for PBL this week is on our school-wide expectations: Respect, Responsibility & Resilience.

Our classrooms are the main learning space that students use on a daily basis. These spaces are safe and welcoming, and students should feel a sense of pride about their classroom.

Great classroom behaviour begins by being ready for class on time. We only bring necessary items into the classroom and our toys and balls stay outside in our bags.

We enter the classroom in a safe manner, making sure to keep our hands and feet to ourselves. We respect our learning space and all equipment by using items as they were intended to be used. We hand equipment to each other in a safe manner.

We respect each other by using our hands to speak and we share our talk-time by taking turns. We listen to everybody's contributions and only make positive or constructive comments.

We always respect the adults in the room and listen to their advice. This includes class teachers, support staff, volunteers and classroom helpers.

Finally, we keep our learning space neat and tidy. We pack away any equipment we have used; we keep our chairs under our desks; and we place rubbish in the bin.

Thank you - for everyone doing their part!

#### EDDIE WOO EXCURSION

North Beach Recreation & Bowling Club have kindly donated the use of their bus for our excursion to Bellingen Primary School on the

18<sup>th</sup> of October to see Eddie Woo. This will now be at no cost to students.



#### **URGENTLY NEEDED – PLASTIC BOTTLE TOPS**

Students will be doing an art project using plastic bottle tops. Please send any plastic bottle tops that you have to the school office.



### Repton Public school Canteen Roster Term 4 2018



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week	Date	Volunteers
1	19 <sup>th</sup> Oct	<ul> <li>Norbette</li> </ul>
		Nolan .
		<ul> <li>Sean Hely</li> </ul>
2	26 <sup>th</sup> Oct	<ul> <li>Alicia Gwynne</li> </ul>
		<ul> <li>Cass Huxley</li> </ul>
3	2 <sup>nd</sup> Nov	<ul> <li>Renae Omalley</li> </ul>
		<ul> <li>Karen Irons</li> </ul>
4	9 <sup>th</sup> Nov	Michele Storey
		<ul> <li>Margaret</li> </ul>
		Chellman
5	16 <sup>th</sup> Nov	Norbette
		Nolan
		<ul> <li>Alicia Gwynne</li> </ul>
6	23 <sup>rd</sup> Nov	Karen Irons
		<ul> <li>Cass Huxley</li> </ul>
7	30 <sup>th</sup> Nov	Michele Storey
8	7 <sup>th</sup> Dec	Volunteers
		Needed
9	14 <sup>th</sup> Dec	Volunteers
		Needed

#### Dear Parents,

As a part of our whole school "War on Waste" sustainability focus this term, we have decided to implement **Nude Food Tuesday**. Nude food means no plastic wrappers, cling film, juice boxes or zip lock bags. Please do not bring any single use plastic items to school on Tuesday. Try putting lunch foods in containers or wrapping them in reusable wraps and bring a reusable drink bottle.

We will also be learning how to cook a variety of healthy "Nude" lunch box options during cooking lessons and the recipes will be shared with you. Kind Regards,

The students and teachers of Repton Public School



#### Kitchen



This week K/1 made chickpea balls with yummy couscous.

### Garden



Instead of gardening in the rain, 3-6 did a waste audit to complement this term's "War on Waste" sustainability focus.

Music



This week, students in 123 & 3456 investigated layers of sound by deciphering individual bird calls in a nature soundscape.



#### **PRODUCE STALL – Every Tuesday**

We have a variety of goods on sale every Tuesday, please support the school and students by purchasing products which have been produced at the school.

This week we have bananas, radish, pumpkin and Strawberry Jam.

Term 4 – Week 01



# what is nude food?

NVD[ f(00) is simply food that is not wrapped in foil, plastic or commercial packaging.

The best type of nude food consists mainly of fresh food, so that it is healthy and nutritious PLUS environmentally friendly.

Promoting Nude Food empowers students to make conscious choices about what they eat, and encourages them to think about their impact on the environment (and their health). You might be amazed with how enthused your child can become on this...



#### TO PACK A NUDE FOOD LUNCH OK SNACK, YOU WILL NEED:

- Cutlery from home is better than throwaway
   plastic ones
- Plastic or metal drink bottles are recommended for refilling with water
- Reusable containers for putting all of your food, snacks and drinks into
- Lunch boxes that have lots of separate sections can be useful to avoid lost lids or containers



 Zip lock or plastic bags, plastic wrap or aluminium foil

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 Tetra packed drinks, single serve yoghurts and cheese

A NUDE

- · Single use plastic forks and spoons
- Prepackaged food, i.e. biscuits, snack bars and chips

#### TIPS FOR PACKING NUDE FOOD LUNCHES:

- Try to involve the kids in helping decide what to take. This will help to avoid uneaten foods being thrown out, plus will save your family money as well. Also, remember to praise your child if they do eat something healthy which is new for them.
- Try to pack the lunches the night before and store in the fridge overnight to avoid the mad rush in the morning.
- If your child normally enjoys chips, yoghurt or other prepackaged snacks, buy these in a larger format and you can decant these into smaller reusable containers or lunchbox.
- If your child does enjoy chips, why not try making your own veggie versions using sliced beetroot, parsnip or sweet potato and baking in the oven?
- Try to use fruit and vegetables that are in season. Seasonal produce is friendly to the environment as well as to your budget, as less fuels are used to transport it into your supermarket.
- Go to www.nudefoodday.com.au/resources for Nude Food recipe ideas.